

Scientific Session I - Raymond H. Alexander, MD Resident Paper Competition

Paper #1  
January 15, 2025  
8:30 am

**DOES HYPERTONIC SALINE AFTER DAMAGE CONTROL LAPAROTOMY IMPROVE PRIMARY FASCIAL CLOSURE? A MULTI-CENTER RANDOMIZED CONTROL TRIAL**

Mayar A. Osman, MD, MS, Tesseræ Komarek, MD, Patrick M. McCarthy, MD\*, Julie Rizzo, MD, James Aden, PhD, Martin A. Schreiber, MD, FACS\*, Reagan Bollig, MD\*, Mark Muir, MD, Edgardo S. Salcedo, MD\*, Stephen Cohn, MD\*, Valerie G Sams, MD\*  
Brooke Army Medical Center

**Presenter:** Mayar A. Osman, MD, MS

**Discussant:** Jason W. Smith, MD, PhD, MBA – University of Louisville

**Objectives:** The inability to close the abdominal wall following initial damage control laparotomy (DCL) and the resultant open abdomen has led to new therapeutic challenges. Hypertonic saline (HTS) use after DCL may reduce bowel edema and resuscitation volumes, leading to improved fascial closure. Our primary objective was to determine if there was a higher rate of primary fascial closure (PFC) in DCL patients when using HTS versus normal saline resuscitation.

**Methods:** All consenting trauma patients requiring a DCL were randomized to receive 30 ml/hr of either 3% HTS or 0.9% normal saline for 72 hours in a multi-center, double-blinded, prospective study. Demographics, vital signs, laboratory values, surgical procedures, blood transfusions, PFC, and outcomes were compared.

**Results:** We enrolled 163 patients. HTS group (n=81) were similar to the normal saline group (n=82) concerning patient demographics and injury characteristics. There was no statistical difference between HTS and NS groups in mean values of Lactate (2.1 vs 2.5, p=0.134), INR (1.3 vs 1.3, p=0.424), and thromboelastography component mean values. There was no difference in crystalloid fluid administration between the two groups (6530+3700 vs 7855+4148, p=0.9804). The HTS group had a lower incidence of intra-abdominal abscesses (1.2% vs 9.8% p=0.018). Primary fascial closure was 8% and was not different between groups (7.4%HTS vs. 8.6%NS). The HTS cohort had statistically significantly more patients with hypernatremia (16% vs 4.9%, p=0.018) and hyperchloremia (8.6% vs 1.2%, p=0.027), but this did not result in a greater incidence of acute kidney injury (11.1% vs 14.6%, p=0.52).

**Conclusions:** We demonstrated hypertonic saline use was safe and feasible after damage control laparotomy. However, there appeared to be no benefit in this resuscitation strategy in the rate of primary fascial closure when compared to normal saline.

	Hypertonic (N=81)	Normal Saline (N=82)	p-value
Mean age in years (range)	41.2 (18-82)	39.7 (18-91)	0.8
Male Gender (n, %)	54 (67%)	58 (71%)	0.5
Median GCS (range)	12 (3-15)	11 (3-15)	0.1
Mean BMI kg/m <sup>2</sup> (range)	28.9 (15.03-51.16)	30.8 (18.99-52.8)	0.17
Mean ISS (range)	24 (1-57)	25 (4-57)	0.46
Mean TRISS (range)	0.799 (0.109-0.993)	0.795 (0.031-0.993)	0.84
Mean RTS (range)	6.739 (2.198-7.841)	6.32 (2.628-7.841)	0.34
Moderate - Severe TBI (%)	8 (9.9%)	5 (6.1%)	0.36
Mechanism of Injury Penetrating (%) Blunt (%)	34 (42.0%) 46 (56.8%)	27 (32.9%) 53 (64.6%)	0.23

GCS: Glasgow Coma Scale, BMI: Body Mass Index, ISS: Injury Severity Score, TRISS: Trauma Score and Injury Severity Score, RTS: Revised Trauma Score, TBI: Traumatic Brain Injury

Table 1: Demographics by fluid type

	Hypertonic (n = 81)	Normal Saline (n = 82)	p-value
Primary Fascial Closure Achieved (n, %)	75 (92.6%)	75 (91.5%)	0.9
Mean hours to PFC (range)	37.47 (6-323)	34.8 (8-120)	0.61
Number of OR trips	2.38 (2-6)	2.88 (2-13)	0.048
Median Hospital Days	12 [8,23]	17 [9,26]	0.1
Hyperchloremia (n, %)	7 (8.6%)	1 (1.2%)	0.027
Hypernatremia (n, %)	13 (16%)	4 (4.9%)	0.018
VAP (n, %)	5 (6.2%)	6 (7.3%)	0.78
Fascial Dehiscence (n, %)	2 (2.5%)	7 (8.5%)	0.09
Surgical Site Infection (n, %)	3 (3.7%)	6 (7.3%)	0.32
Intra-abdominal abscess (n, %)	1 (1.2%)	8 (9.8%)	0.018
Enterocutaneous Fistula (n, %)	1 (1.2%)	3 (3.7%)	0.32
AKI (n, %)	9 (11.1%)	12 (14.6%)	0.52
Abdominal Compartment Syndrome (n, %)	4 (4.9%)	4 (4.9%)	0.97
Acute Respiratory Distress Syndrome (Moderate-Severe, P:F<200) (n, %)	27 (34.6%)	34 (43%)	0.28
Mortality	7 (8.6%)	13 (15.9%)	0.16

PFC: Primary Fascial Closure, VAP: Ventilator-associated pneumonia, AKI: Acute Kidney Injury

Table 2: Outcomes by fluid type

Paper #2  
January 15, 2025  
8:50 am

**HEALTHCARE UTILIZATION AFTER OPERATIVE VS.  
NON-OPERATIVE APPENDICITIS MANAGEMENT**

Pawan Mathew, MD, Miranda Moore, MPH, Robert Becher, MD, MS, FACS,  
Bishwajit Bhattacharya, MD, FACS\*, Eric Schneider, PhD,  
Kimberly A. Davis, MD, MBA, FACS, FCCM\*, Kevin M. Schuster, MD, MPH\*  
Yale School of Medicine

**Presenter:** Pawan Mathew, MD

**Discussant:** Oliver Gunter, Jr., MD – Vanderbilt University Medical Center

**Objectives:** Use of non-operative management for uncomplicated appendicitis is increasing. Recurrent appendicitis is only one measure of successful non-operative management. We examined healthcare utilization and exposure to medical imaging between patients post-appendectomy and those with an in-situ appendix over the year after initial diagnosis.

**Methods:** Using MarketScan, an all-payers claims database, we extracted patients presenting to the emergency department (ED) with acute appendicitis and without perforation from 2017-2021, and either underwent appendectomy during index presentation or non-operative treatment. We examined differences in abdominal pain related healthcare utilization within one-year including ED visits, hospitalizations, and abdominal CT scans associated with the most common causes of ED presentation for abdominal pain.

**Results:** Of 26,588 patients presenting with uncomplicated appendicitis, 50.4% female, mean age 37.9 (SD=15.3), mean Elixhauser comorbidity index (ECI) 0.8 (SD=1.2), 24,102 (90.6%) underwent appendectomy (Table 1). At one year, 2,544 (9.6%) re-presented to the ED with an abdominal pain and/or appendicitis related diagnosis. Of non-operatively managed patients, 78 (3.1%) underwent appendectomy for recurrent appendicitis at a median of 70 days and 396 (15.9%) re-presented to the ED but did not undergo appendectomy. ED visits, subsequent hospitalization, and abdominal CT scans were more common in the non-operative group (Table 1). After adjusting for patient sex, age, and ECI, patients managed non-operatively were approximately twice as likely (RR=2.10 [1.90-2.31]) to re-present to the ED, be hospitalized (RR=2.32 [1.94-2.76]) or undergo a CT scan (RR=1.87 [1.68-2.08]) within one-year (Table 2).

**Conclusions:** After adjusting for baseline characteristics, non-operative management of uncomplicated appendicitis was associated with re-presentation to the ED, rehospitalization and repeat CT imaging.

	Non-operative management	Operative management	Total
All patients n (%)	2,486 (9.4)	24,102 (90.6)	26,588 (100)
Female	1,467 (59)*	11,940 (49.5)	13,407 (50.4)
Mean age (SD)	38.3 (16.6)	37.9 (15.2)	37.9 (15.3)
Mean ECI (SD)	1.0 (1.5)*	0.8 (1.2)	0.8 (1.2)
One year follow up:			
ED visit	474 (19.1)*	2,070 (8.6)	2,544 (9.6)
Hospitalization	170 (6.8)*	693 (2.9)	863 (3.2)
Abdominal CT scan	388 (15.6)*	1,926 (8.0)	2,314 (8.7)
Appendectomy	78 (3.1)		

Table 1: Patient characteristics and one-year healthcare utilization among patients with first diagnosis of appendicitis, by initial operative management. \*p<0.001

Risk factors	Follow-up ED Visit	Follow-up Hospitalization	Follow-up CT scan
	Relative Risk [95% CI]	Relative Risk [95% CI]	Relative Risk [95% CI]
Non-operative Management	2.10 [1.90, 2.31]*	2.32 [1.94, 2.76]*	1.87 [1.68, 2.08]*
Sex (Female)	1.45 [1.34, 1.58]*	1.14 [0.98, 1.32]	1.40 [1.28, 1.53]*
Age at index appendicitis diagnosis			
16-24	Reference	Reference	Reference
25-39	0.81 [0.73, 0.90]*	1.03 [0.83, 1.29]	1.10 [0.97, 1.24]
40-64	0.61 [0.56, 0.68]*	1.19 [0.97, 1.44]	1.11 [0.99, 1.24]
65+	0.52 [0.40, 0.67]*	1.44 [1.01, 2.05]*	1.06 [0.84, 1.34]
Elixhauser Comorbidity Index			
0	Reference	Reference	Reference
1	1.26 [1.14, 1.39]*	1.18 [0.98, 1.42]	1.32 [1.19, 1.47]*
2	1.52 [1.34, 1.73]*	1.43 [1.13, 1.81]*	1.64 [1.45, 1.87]*
3+	1.91 [1.67, 2.18]*	2.19 [1.76, 2.72]*	1.81 [1.58, 2.07]*

Table 2: Risk of one-year follow-up ED visits, hospitalizations, and CT scans for appendicitis/abdominal pain after incident appendicitis, comparing operative and non-operative management and adjusting for age, sex and comorbidity. CI – confidence interval, \* p<0.05

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Paper #3  
January 15, 2025  
9:10 am

**SOCIAL VULNERABILITY AFFECTS THE BIOLOGIC RESPONSE TO INJURY**

Lauren T. Gallagher, MD, Christopher Erickson, PhD, Christina Stuart, MD,  
Angelo D'Alessandro, PhD, Kirk Hansen, PhD, Charlotte Heron, MD, Benjamin Stocker, MD,  
Benjamin J Ramser, MD, Otto N. Thielen, MD, William Hallas, MD,  
Sanchayita Sen, MS, Denise Garofalo, MD\*, Quintin Myers, PhD,  
Catherine G. Velopulos, MD, MHS, FACS\*, Mitchell Cohen, MD, FACS\*  
University of Colorado, Aurora

**Presenter:** Lauren T. Gallagher, MD

**Discussant:** Carrie Sims, MD

**Objectives:** Social determinants of health including individual characteristics and environment, contribute to trauma morbidity. The Centers for Disease Control and Prevention's Social Vulnerability Index (SVI) consists of 16 variables that examine the intersection of social and economic factors. While SVI is linked to increased trauma mortality, its effect on post-trauma biology and injury-related metabolic changes is unknown. We explored the influence of SVI on the metabolic response to trauma in severely injured patients.

**Methods:** Prospectively enrolled patients meeting criteria for highest level activation at a Level 1 trauma center were assigned SVI based on residential address and grouped into low SVI (<75 %ile) and high SVI (>75 %ile) cohorts. Multiple regression adjusted omics data for injury severity and base excess between high and low SVI. Metabolomic analyses were performed using liquid chromatography-mass spectrometry. MetaboAnalyst was used for analyses of omics data using univariate non-parametric comparisons.

**Results:** 74 patients classified as High Injury/High Shock were included (44 [59%] low SVI, 30 [41%] high SVI). High SVI was associated with a metabolomic signature of chronic stress response including amino acid metabolism and aberrant mitochondrial function (Figure 1) compared to those with low SVI. Pathway analyses revealed altered metabolomic expression in high SVI patients; particularly, in the utilization of amino acids, oxidative stress, and catecholamine synthesis (Figure 2).

**Conclusions:** Social vulnerability primes multiple regulatory systems in response to chronic social and environmental stress which in turn are affected by trauma. This pre-existing stress exposure leads to cellular reprogramming influencing the maladaptive response in trauma patients. Our data highlight the role of SVI on the biologic response to injury and reveal a previously undescribed interplay between social factors and biologic response to trauma.

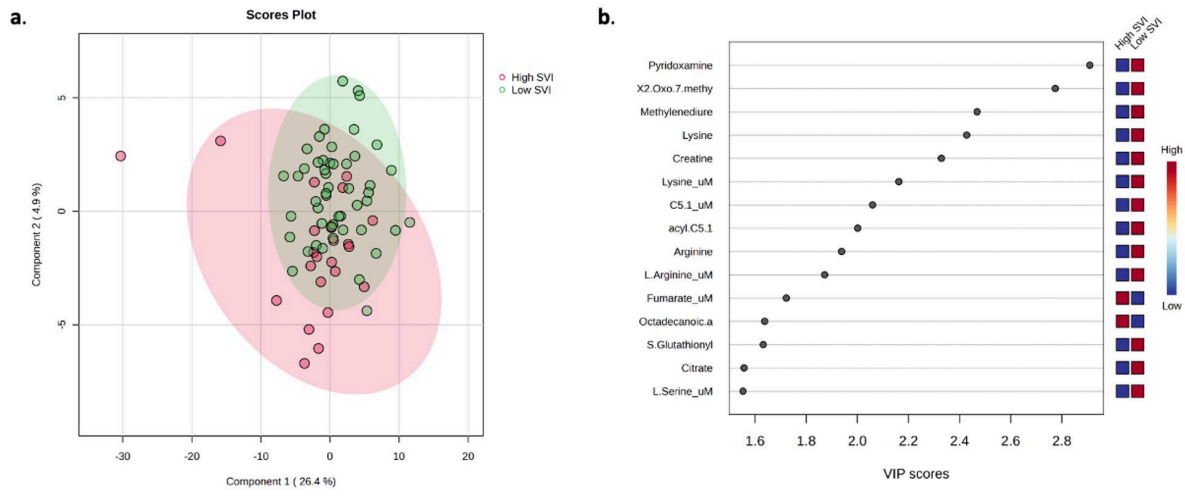


Figure 1: PLS-DA and VIP plots demonstrating a unique omic signature of High SVI in trauma, independent of injury severity, shock, sex, and ethnicity. PLDS-DA (a) and corresponding VIP plots (b) are displayed. VIP plots display the top differentiators, as indicated by VIP scores, with relative abundances for low SVI and high SVI patients indicated by the colored boxes on the right of the plots.

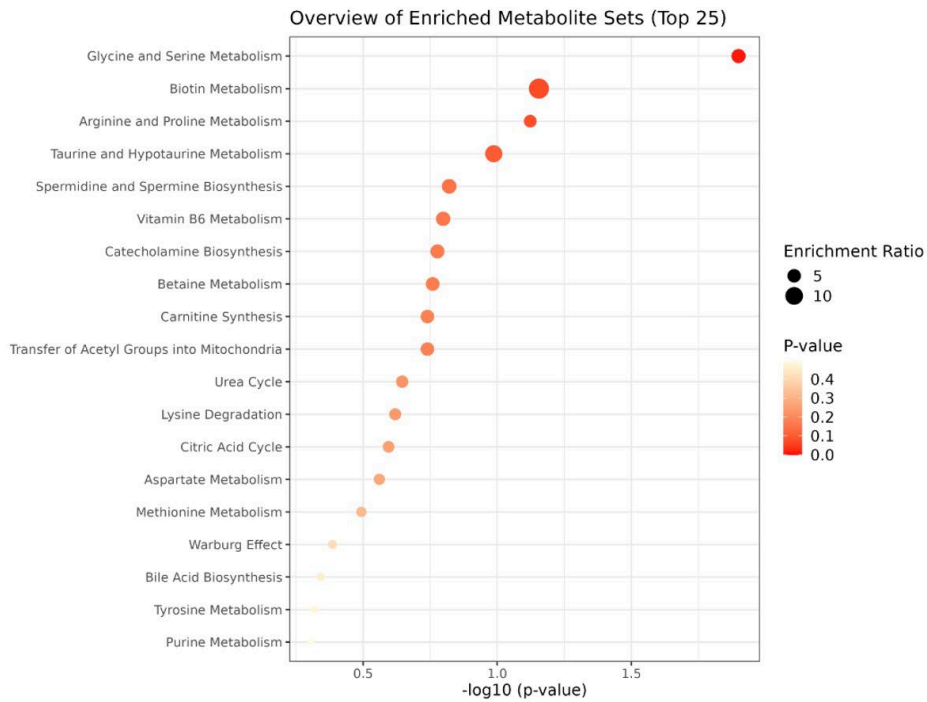


Figure 2: High injury and high shock group summary of metabolic pathways enrichment analysis performed in MetaboAnalyst (Version 3.0, URL: <http://www.metaboanalyst.ca>) using top 25 metabolites found to be significantly altered in high SVI patients compared to low SVI patients.

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Paper #4  
January 15, 2025  
9:30 am

**TBI-ASSOCIATED ACUTE LUNG INJURY IS DRIVEN BY MIRNA-362**

William Johnston, MD, Julissa Arzave, Connor Yuengert, Keita Nakatsutsumi, MD, PhD,  
Brian Eliceiri, PhD, Jessica L. Weaver, MD, PhD\*  
University of California San Diego

**Presenter:** William Johnston, MD

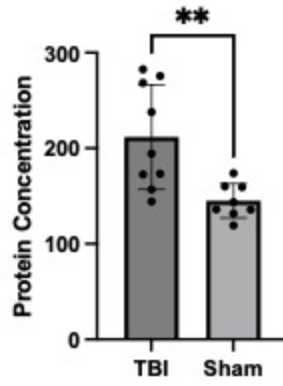
**Discussant:** Yann-Leei Lee, MD – University of South Alabama School of Medicine

**Objectives:** Traumatic Brain Injuries (TBI) are a common cause of morbidity and mortality after major trauma. In addition to local injury effects, TBI is associated with a systemic inflammatory response and acute lung injury (ALI), which increases mortality and worsens neurologic outcomes. The exact mechanism of this acute lung injury is not known. Extracellular vesicles (EV's) are small cell-derived particles involved in cell-cell communication that carry a wide variety of payloads, including proteins and microRNAs (miRNAs), which can mediate inflammation. We sought to characterize EV-derived miRNAs associated with TBI-induced ALI.

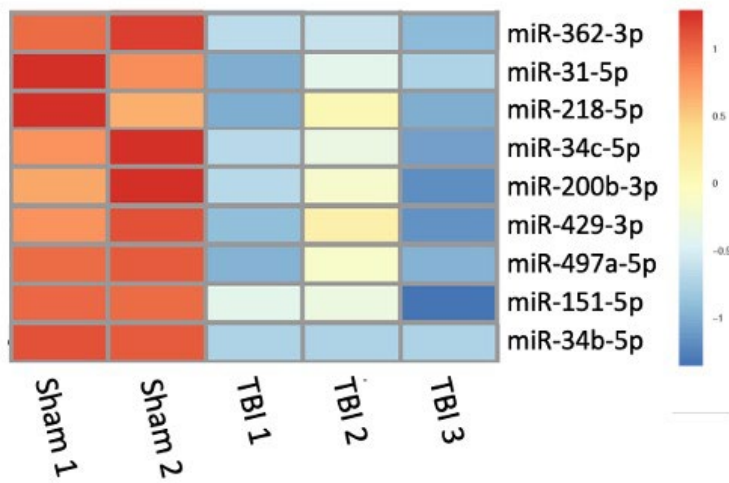
**Methods:** C57 mice underwent controlled cortical impact as a TBI injury model or sham procedure (anesthesia only). Bronchoalveolar lavage fluid (BALF) was then collected 4 hours post injury. BALF protein concentration was used as a marker of acute lung injury and measured using Pierce BCA assay. Results were compared using a Student's T-test. BALF EV's were isolated using size exclusion chromatography (SEC), and EV concentration confirmed via vesicle flow cytometry. EV miRNA sequencing was performed, comparing sham and injured mice.

**Results:** Total protein concentration was increased in BALF in injured mice ( $p=0.006$ , see figure 1), confirming lung injury after TBI. EV's were isolated using SEC and verified with vesicle flow cytometry. miRNA sequencing of BALF EV's demonstrated downregulation of 17 different miRNA's, most notably miRNA-362 (see figure 2).

**Conclusions:** We successfully identified multiple downregulated miRNA's from BALF in an in vivo model of TBI-induced ALI. Of these, downregulation of miRNA-362 has previously been associated with a pro-inflammatory phenotype, and was the most strongly affected by TBI, suggesting that miRNA-362 plays a critical role in the pathophysiology of TBI-induced ALI.



C57 mice have increased protein concentration in BALF after TBI compared to sham animals,  $p=0.06$ .



MiRNA heat map data comparing BALF from sham animals and injured animals. Numerous miRNA's are down regulated after TBI.



Scientific Session II - Raymond H. Alexander, MD Resident Paper Competition

Paper #5  
January 15, 2025  
10:30 am

**TOO QUICK TO CUT? CRITICAL OUTCOMES, RESOURCE UTILIZATION,  
AND ETHICAL PERSPECTIVES WITH A LIBERAL APPROACH TO  
EMERGENCY DEPARTMENT THORACOTOMY**

Danielle Brabender, MD, Apostolos Kolitsas, MD, Patrick K. McGillen, MSc, MD,  
Kazuhide Matsushima, MD\*, Morgan Schellenberg, MD, MPH\*,  
Kenji Inaba, MD, Matthew J. Martin, MD, FACS, FASMBS\*  
Los Angeles General Medical Center

**Presenter:** Danielle Brabender, MD

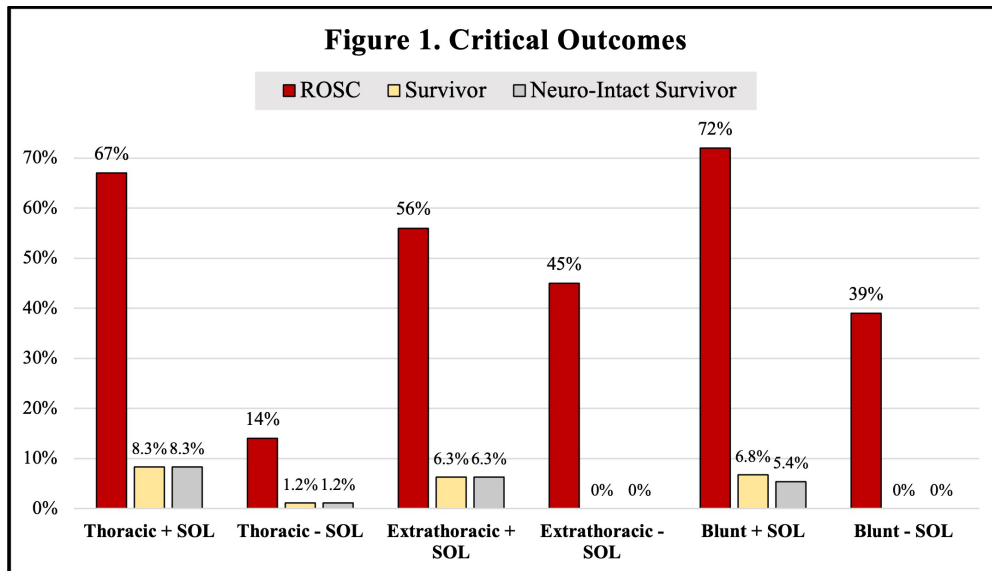
**Discussant:** Elliott Haut, MD, PhD – The Johns Hopkins Hospital

**Objectives:** Recent guidelines for Emergency Department Thoracotomy (EDT) recommend against liberal utilization based on survival rates and resource utilization. Proponents of liberal EDT cite other considerations including training, moral necessity, and organ donation. We aimed to analyze these factors at a center under a liberal EDT policy.

**Methods:** Mixed-methods study including an 8 year retrospective review and a provider survey evaluating ethical opinions and adverse events. Outcomes included survival, return of spontaneous circulation (ROSC), neurologically-intact survival (NIS), blood product use, and organ referral and donation. Patients were categorized into six groups by injury mechanism, location and signs of life (SOL), as in the EAST guidelines.

**Results:** 428 patients underwent EDT, with 39% suffering penetrating injuries (PEN). Analysis was performed based on the six groups (Figure 1). 79% of patients had an organ referral, with only 4 (1%) going on to donation. All donors sustained blunt injury, of which 3 were without SOL (Figure 2). Blood product usage across the groups varied significantly ( $p < 0.01$ ), with PEN thoracic and blunt with SOL having the highest utilization. Survey results showed that 46% of providers agreed with EDT to facilitate donation, 29% agreed for teaching, and 67% disagreed for blunt without SOL. 17% reported at least one occupational exposure, with 50% requiring post-exposure prophylaxis.

**Conclusions:** A liberal EDT policy results in significant resource utilization, but high rates of ROSC. NIS rate is low, particularly when no SOL are present, but salvage for organ donation was seen even in blunt mechanism without SOL. Providers had low support for EDT for teaching and blunt trauma without SOL, but nearly half support it for donor salvage. Future guidance is needed to clarify the ethics and cost/benefit considering these indications.



Analysis of the critical outcomes was performed based on the six EAST groups: PEN thoracic with SOL (ROSC 67%, survival/NIS 8.3%) and without (ROSC 14%, survival/NIS 1.2%), PEN extra-thoracic with SOL (ROSC 56%, survival/NIS 6.3%) and without (ROSC 45%, survival/NIS 0%), and blunt with SOL (ROSC 72%, survival 6.8%, NIS 5.4%) and without (ROSC 39%, survival/NIS 0%).

Yes, consider this abstract for the Raymond H. Alexander, MD Resident Paper Award.

**Figure 2: Organ Donation**

EAST CATEGORY	BLUNT		PENETRATING THORAX		PENETRATING EXTRA-THORACIC	
	+ SOL	- SOL	+ SOL	- SOL	+ SOL	- SOL
Organ Referral	57 (77%)	147 (79%)	10 (83.3%)	66 (75.9%)	13 (81.3%)	43 (81.1%)
Organ Donor	1 (1.1%)	3 (2.7%)	0 (0%)	0 (0%)	0 (0%)	0 (%)
Organs Donated	2	11				
<i>Kidneys</i>	1	3				
<i>Heart</i>		2				
<i>Liver</i>	1	3				
<i>Lung</i>		2				
<i>Pancreas</i>		1				

Organ referral occurred for 79% of patients, with only 4 (1%) going on to organ donation (13 organs total). All donors sustained blunt injury, of which 3 were without signs of life.

Scientific Session II - Raymond H. Alexander, MD Resident Paper Competition

Paper #6  
January 15, 2025  
10:50 am

**PLATFORM ASSESSMENT OF THROMBIN GENERATION TO PREDICT VENOUS THROMBOEMBOLISM EARLY AFTER TRAUMATIC INJURY**

Sergio M. Navarro, MD, MBA, Riley J Thompson, BS, Taleen A. MacArthur, MD, Grant M. Spears, MS, Kent R Bailey, Ph.D., Matthew T Auton, Ph.D., Dong Chen, M.D. Ph.D., Rajiv Pruthi, M.B.B.S., Jing-Fei Dong, M.D. Ph.D., Rosemary A. Kozar, MD, PhD\*, Myung S. Park, MD, MS\*  
Mayo Clinic

**Presenter:** Sergio M. Navarro, MD, MBA

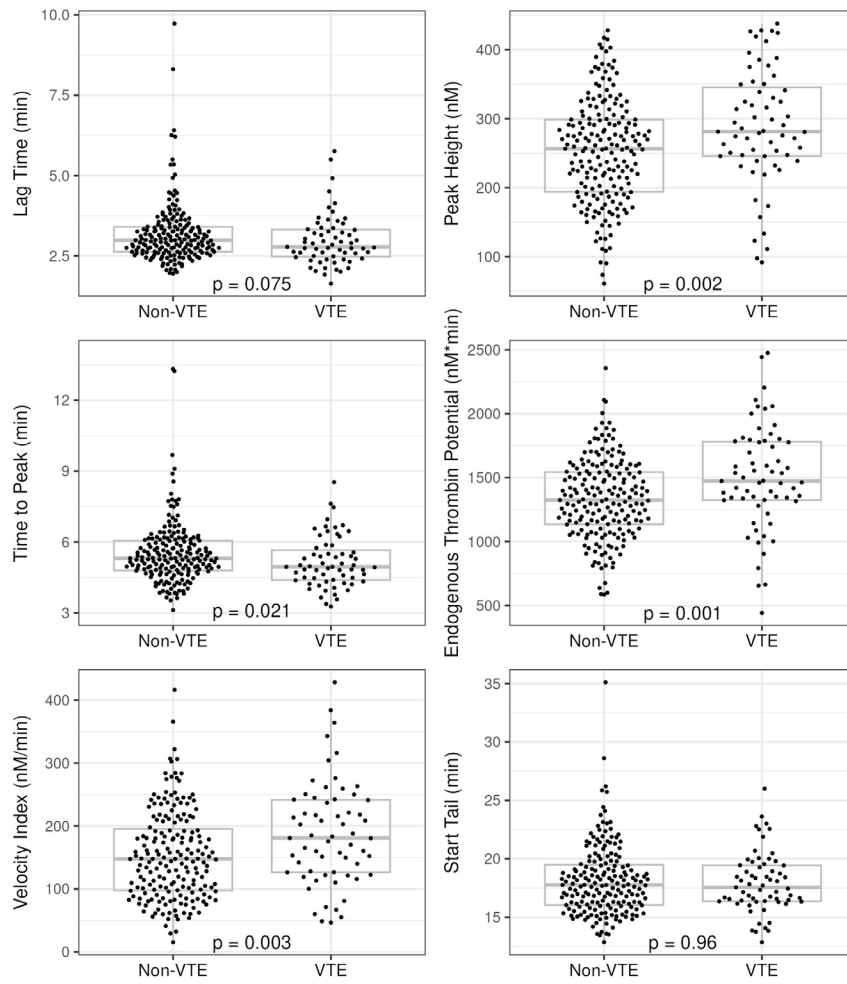
**Discussant:** Mitchell Cohen, MD – University of Colorado School of Medicine

**Objectives:** Calibrated automated thrombography (CAT) assay parameters can independently predict symptomatic venous thromboembolism (VTE) up to 90 days post-injury. Yet, CAT lacks high throughput and standardization, limiting diagnostic potential. This study analyzed thrombin generation profiles in trauma patients using ST Genesis (Diagnostica STAGO SAS), processing up to 10 samples at once. We hypothesized that trauma patients (pts) who developed VTE would show accelerated thrombin generation profiles compared to those who did not.

**Methods:** Trauma pts presenting to a Level I Trauma Center (2019-23) had samples collected within 12 hours of time of injury prospectively. Follow up was conducted to 90 days, time to symptomatic VTE diagnosis or death, confirmed via autopsy or imaging. Thrombin generation profiles were measured from the ST Genesis assay. Data presented as median [IQR] or n (%), with Wilcoxon Rank-Sum or chi-squared test performed between trauma pts who developed symptomatic VTE vs those who did not.

**Results:** A total of 258 trauma pts were analyzed (48.5 years [31.0, 62.0], 72.0% male): 63 pts with VTE (24.4%) to 191 with non-VTE. VTE pts had a median time to VTE of 8 days, with 28 developing deep venous thrombosis (DVT), 24 with pulmonary embolism (PE), and 11 with DVT/PEs. No significant differences were found in age, sex, or Body Mass Index (BMI); significantly more VTE pts underwent surgery within 24 hours. Thrombin generation profiles were accelerated in pts developing VTE compared to non-VTE, with significant differences in Peak Height ( $p=0.002$ ), Time to Peak ( $p=0.021$ ), Endogenous Thrombin Potential ( $p=0.001$ ) and Velocity Index ( $p=0.003$ ). However, LagTime and StartTail were not significantly different (Figure 1).

**Conclusions:** Thrombin generation profiles using ST Genesis can differentiate trauma pts at high risk of developing VTE. The platform suits clinical labs needing high throughput.



Characteristics of thrombin generation profiles in VTE patients compared to non-VTE patients

Scientific Session II - Raymond H. Alexander, MD Resident Paper Competition

Paper #7  
January 15, 2025  
11:10 am

**RURAL FACIAL TRAUMA: OPPORTUNITIES FOR TELECONSULTATION TRIAGE**

Connor P. Mamikunian, MD, Morgan Pendelton, BS, Tumlin Parker, MD,  
Sairisheel Gabby Reddy, MD, Brian Kellermeyer, MD, Kenneth Conley Coleman, DO\*,  
Gregory P. Schaefer, DO, FACS\*, James M. Bardes, MD\*  
West Virginia University

**Presenter:** Connor P. Mamikunian, MD

**Discussant:** Alexandra Briggs, MD – Dartmouth Hitchcock Medical Center

**Objectives:** Maxillofacial trauma encompasses a spectrum of injuries, from minor facial fractures to severe craniofacial defects, some requiring urgent surgical intervention while others are managed non-operatively. Telehealth evaluation of patients by facial trauma specialists before transfer provides an opportunity to identify cases suitable for outpatient management, potentially reducing the number of non-emergent transfers and costs.

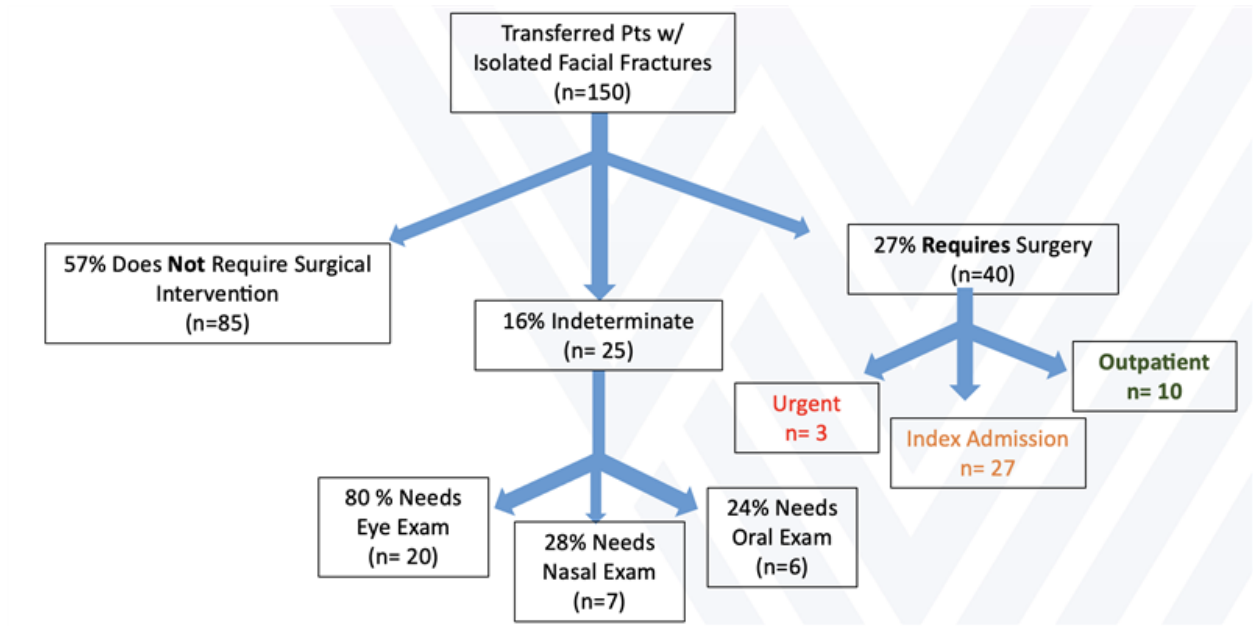
**Methods:** Our institution's trauma registry was queried for adult patients transferred from a system hospital with facial injuries. A random selection of 150 patients with imaging available for review from the transferring facility was selected. ENT facial trauma surgeons then reviewed charts and CT images to determine the need for surgery, the timing of surgery, and additional clinical information needed to make this determination.

**Results:** The mean age was 50, with a median AIS of 2. Based on CT imaging, 27% would require surgery, 57% did not require surgery, and 16% were indeterminate and required additional clinical information. Of those who were indeterminate, 80% required an eye exam, 24% required an oral exam, and 28% required a nasal exam.

Of those requiring surgery, only 7% had urgent indications in less than 24 hours. Surgery during the same admission was appropriate for 68% of patients, and 25% of patients would have been suitable for outpatient surgery.

Our ENT surgery reviewers proved to have 100% accuracy in determining whether the patient was nonoperative based on CT imaging alone (n=85).

**Conclusions:** This study demonstrates that most transfers for facial fractures are low-grade and non-operative. Reliable exams and remote telehealth evaluation of patients with facial fractures could significantly decrease the burden of unindicated transfers. Future aims would be to initiate a pilot study with a partner institution further to understand such a program's applications and limitations.



Scientific Session II - Raymond H. Alexander, MD Resident Paper Competition

Paper #8  
January 15, 2025  
11:30 am

**SEMIAUTONOMOUS VENTILATION IN A PORCINE HEMORRHAGE AND LUNG INJURY MODEL PROVIDES LUNG PROTECTIVE VENTILATION**

Ellen R. Becker, MD, Adam D. Price, MD, Brian Harvey, PhD, Maia Smith, PhD, MS,  
George Beck, Frency Varghese, PhD, Joshua Lampe, PhD, Richard Branson, MS,  
Thomas Blakeman, MS, RRT, Michael Goodman, MD, FACS\*  
University of Cincinnati

**Presenter:** Ellen R. Becker, MD

**Discussant:** Alison Wilson, MD – West Virginia University

**Objectives:** Mechanical ventilation requires frequent reassessment from providers to ensure delivery of lung protective ventilation (LPV). However, in resource limited settings, the time and attention LPV requires is not always feasible. This study aimed to compare a physiologic closed-loop control (PCLC) ventilator capable of self-adjusting based on patient parameters against standard of care (SOC) ventilatory management in a porcine model.

**Methods:** The study compared SOC (n=15) to PCLC (n=15) for three porcine injury models: hemorrhage (HEM), lung injury (LI), and hemorrhage plus lung injury (HEM+LI). HEM animals were progressively bled to three mean arterial pressures (MAP=60, 50, then 40 mmHg) for 60 minutes each. LI used saline surfactant washout to a targeted  $PO_2:FiO_2$  ratio <200. HEM+LI combined surfactant washout followed by hemorrhage. LPV success was defined by the percent of time spent within target values: oxygenation ( $SpO_2 > 92\%$  or  $FIO_2 = 100\%$ ), tidal volume ( $6 < V_t/kg < 12$  ml/kg), and plateau pressure ( $P_{plat} < 30$  cmH<sub>2</sub>O).

**Results:** PCLC animals spent a greater percentage of time within targeted  $SpO_2$  ( $98 \pm 2\%$ ) compared to SOC ( $94 \pm 4\%$ ,  $p < 0.001$ ) across all injury models (Figure 1). PCLC and SOC had similar tidal volumes ( $9.2 \pm 1.8$  vs  $9.9 \pm 0.1$  ml/kg,  $p = 0.12$ ), minute volumes ( $228 \pm 63$  vs  $218 \pm 33$  ml/min/kg,  $p = 0.47$ ),  $EtCO_2$  ( $45.4 \pm 8.4$  vs  $40.7 \pm 6.8$  mmHg,  $p = 0.09$ ), and  $P_{plat}$  ( $98 \pm 1$  vs  $93 \pm 20$  % of time in target,  $p = 0.26$ ) in all injury models. In both PCLC and SOC, HEM required a lower  $FiO_2$  ( $29 \pm 4\%$ ) compared to LI and HEM+LI ( $75 \pm 17\%$ ,  $62 \pm 17\%$ ,  $p < 0.001$ ), while PEEP was higher in LI ( $9.3 \pm 2.9$  cmH<sub>2</sub>O) compared to HEM and HEM+LI ( $5.0 \pm 0.0$ ,  $5.5 \pm 1.0$  cmH<sub>2</sub>O,  $p < 0.001$ ) (Figure 2).

**Conclusions:** PCLC successfully delivered semiautonomous LPV to a similar degree as SOC during both LI and HEM. PCLC has potential to provide ICU-level ventilator management in resource limited circumstances, both in civilian and military operations.

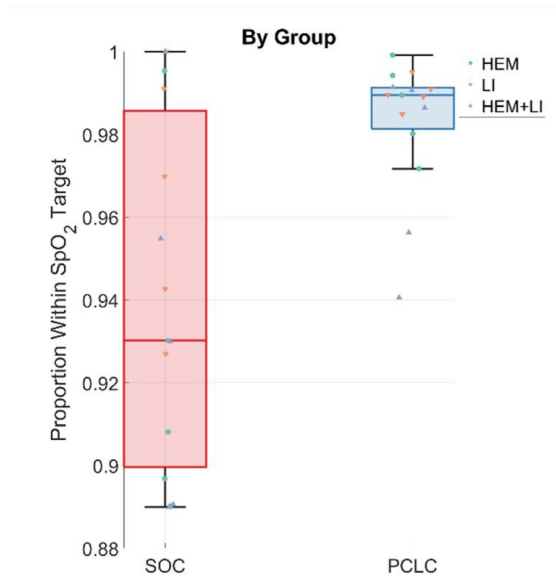


Figure 1. Proportion of time within targeted oxygen saturation by standard of care (SOC) and physiologic closed-loop control (PCLC). Markers represent means for each animal. Box plots show median, 25<sup>th</sup> and 75<sup>th</sup> percentile, and data extremes.

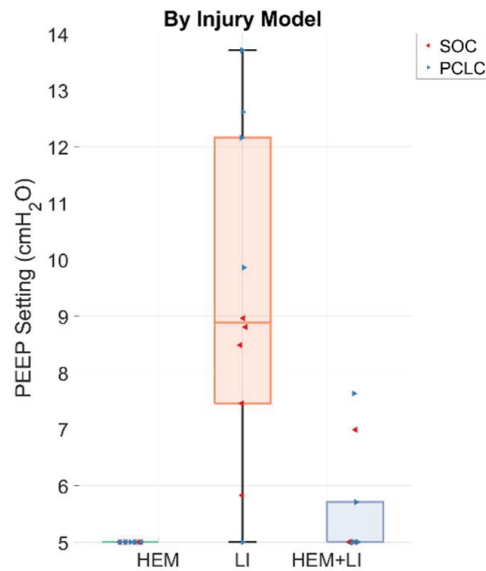


Figure 2. Mean positive end-expiratory pressure (PEEP) by hemorrhage (HEM), lung injury (LI) and hemorrhage with lung injury (HEM+LI) models. Markers represent means for each animal. Box plots show median, 25<sup>th</sup> and 75<sup>th</sup> percentile, and data extremes.



Scientific Session III - Cox Templeton Injury Prevention Paper Competition

Paper #9  
January 16, 2025  
11:15 am

**THE INTERSECTION BETWEEN FIREARM INJURY PREVENTION  
AND SURGICAL PRACTICE: A QUALITATIVE STUDY**

Shelbie D Waddle, DO, MS, Arielle Thomas, MD, MPH, MS, Marian E. Betz, MD, MPH,  
Julie K. Johnson, PhD, MSPH, Regina Royan, MD, MPH, Alexander Ellyin, MPH,  
Ana M Reyes, MD, MPH\*, Angie Jang, BS, Marie L. Crandall, MD, MPH, FACS\*,  
Anne Stey, MD, MSc\*, Brendan T. Campbell, MD, MPH\*  
Northwestern University

**Presenter:** Shelbie D Waddle, DO, MS

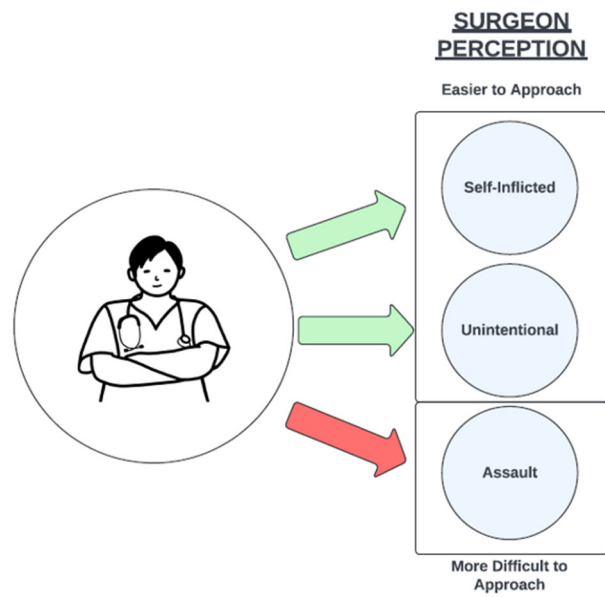
**Discussant:** Sigrid Burruss, MD – University of California Irvine

**Objectives:** Previous work has demonstrated that counseling trauma patients on firearm safety is reportedly difficult for US surgeons to effectively incorporate into clinical practice. The objective of this study was to understand firearm-owning surgeons' perceptions of barriers to incorporating firearm injury prevention in their clinical practice.

**Methods:** We conducted semi-structured interviews with firearm-owning surgeons who are fellows of the American College of Surgeons (ACS) and treat patients with firearm injuries. Participants were recruited through the ACS Committee on Trauma email listserv with subsequent snowball sampling of additional participants. Inductive and deductive reasoning, based on the Theory of Planned Behavior, was applied to the transcript data to code and identify dominant themes and subthemes.

**Results:** Thirty-two surgeons were virtually interviewed from April to August 2022. Most interviewees believed surgeons had a role in preventing firearm injuries. Many expressed concerns that these discussions may adversely affect the doctor-patient relationship. Dominant barriers to firearm safety discussions included; 1) surgeon concerns over patient receptivity (including timing and content of discussions) 2) the influence of the patient's injury intent (e.g., assault, unintentional, self-inflicted) on the surgeon's likelihood of discussion, and 3) limited resources (e.g., perceived lack of training, and few patient resources).

**Conclusions:** We identified that most surgeons believed that they should have a role in firearm injury prevention, but many expressed concerns that direct discussions may adversely impact the doctor-patient relationship.



**Figure 1.** Relationship of Injury Intent and Surgeon Perception of Patient Receptivity to Firearm Safety Discussions

**Scientific Session III - Cox Templeton Injury Prevention Paper Competition**

Paper #10  
January 16, 2025  
11:30 am

**PREPARING HEALTHCARE STUDENTS AS COMMUNITY TRAUMA  
ADVOCATES THROUGH A NOVEL INTERPROFESSIONAL COURSE IN  
INJURY PREVENTION AND EMERGENCY PREPAREDNESS**

Michael S. Rallo, PhD, Rachel Cary, BS, Jennifer Geller, MD\*,  
Rachel L. Choron, MD, FACS\*, Clifton Lacy, MD, Amanda Teichman, MD, FACS\*  
Rutgers Robert Wood Johnson Medical School

**Presenter:** Michael S. Rallo, PhD

**Discussant:** Danby Kang, MD – Boston Medical Center

**Objectives:** Prevention and rapid intervention are critical links in the trauma chain of survival. Healthcare Students (HCSs) are a unique population who can augment community safety and preparedness with appropriate training. To prepare students as community trauma advocates, we piloted an interprofessional course introducing key concepts in injury prevention (IP), and trauma care and response.

**Methods:** This extracurricular course consisted of (5) 90-minute sessions which familiarized students with strategies for community engagement, IP, interprofessional trauma care, and STOP THE BLEED (STB). Students' knowledge, attitudes, and perceptions regarding these roles were compared via matched pre- and post-course surveys.

**Results:** Fifty-six HCSs completed the course and surveys. The majority of students were willing to assist their community in response to an emergency (N=50; 89.3%), but few felt prepared with the knowledge and skills to meaningfully do so (N=8; 14.3%). Following the course, HSCs felt increasingly prepared (N=48; 85.7%;  $p<0.001$ ) and willing (N=55; 98.2%;  $p=0.008$ ) to be called upon by their community. Moreover, there was a significant increase in the number interested in pursuing a career related to trauma, emergency, and/or disaster medicine (71.4% vs. 57.1%;  $p=0.018$ ). As newly trained STB instructors, HCSs have taught over 20 courses in the community.

**Conclusions:** While HCSs are interested and willing to act as community advocates or responders during an emergency, the standard educational curriculum generally fails to prepare them to effectively contribute in these roles. This study demonstrates the effectiveness of a novel extracurricular elective in teaching interested students' foundational knowledge and skills, thus increasing their confidence in meaningfully preparing for and assisting in community injury prevention, preparedness and response.

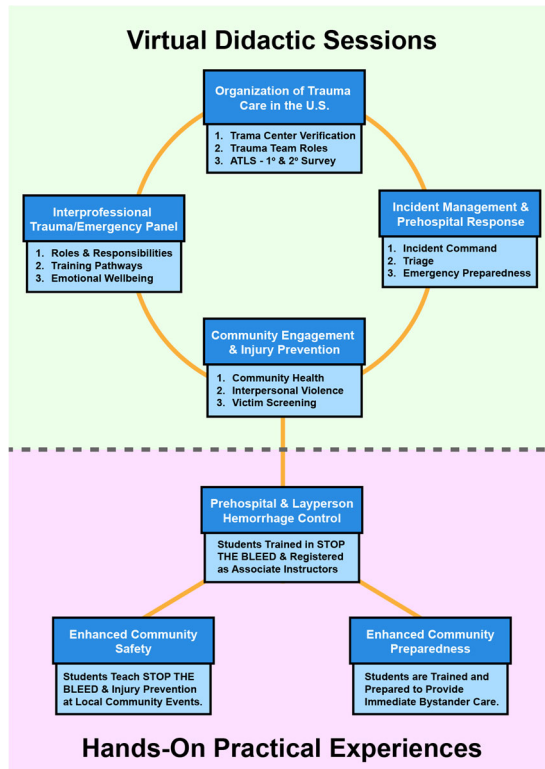


Figure 1: Structure of the Trauma, Emergency and Disaster Response Extracurricular Elective and Impact of Students as Community Trauma Advocates.

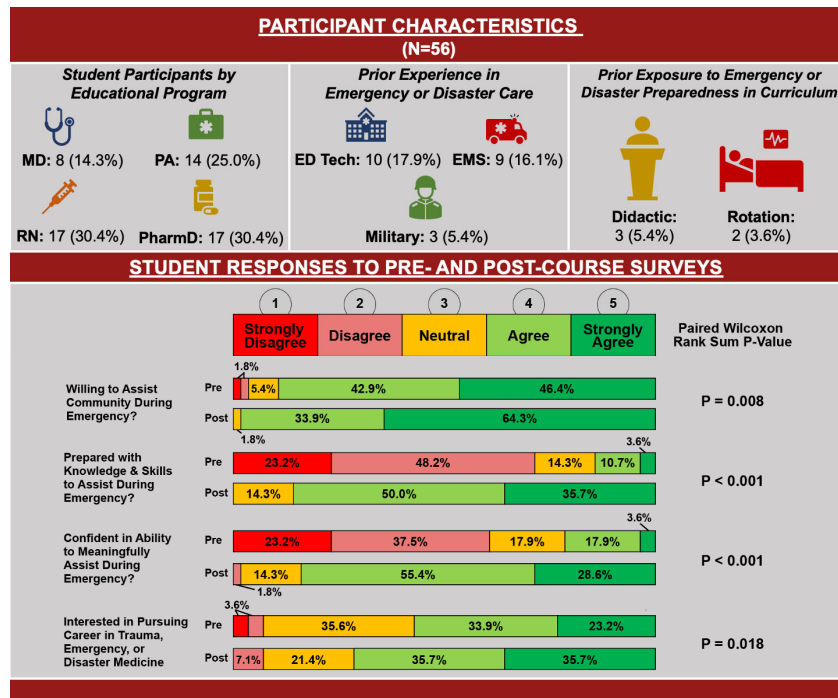


Figure 2: Summary of Key Results Including Participant Characteristics and Comparison of Student Knowledge and Perceptions Prior to and Following the Course.

Scientific Session III - Cox Templeton Injury Prevention Paper Competition

Paper #11  
January 16, 2025  
11:45 am

**ILLINOIS COMMUNITY HEALTH NEEDS ASSESSMENTS:  
DISPARITIES IN PRIORITIZING FIREARM VIOLENCE PREVENTION**

Rolando J. Casas Fuentes, Shelbie D Waddle, DO, MS, Rochelle Dicker, MD, FACS,  
Brendan T. Campbell, MD, MPH\*, Leah C. Tatebe, MD, FACS\*  
Northwestern University

**Presenter:** Rolando J. Casas Fuentes

**Discussant:** Dane Scantling, DO, MPH – Boston University School of Medicine

**Objectives:** We sought to determine if hospitals in counties with high rates of firearm-related violence identified violence prevention in their Community Health Needs Assessments (CHNA) and if trauma center designation influenced this prioritization.

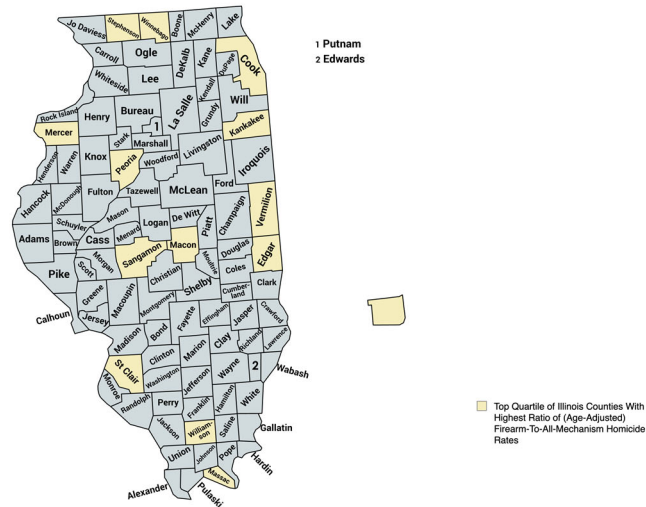
**Methods:** We performed a cross-sectional review of all publicly available CHNAs for hospitals within 13 Illinois counties from 2021-2023. These counties represented the top quartile ratio of age-adjusted firearm-to-all-mechanism homicide rates. Five-year homicide rates were obtained from CDC WISQARS' Health Equity Data for Illinois from 2017-2021. Descriptive statistics were used to compare violence prevention priorities of CHNA hospitals and by whether the hospital was a designated trauma center.

**Results:** Of 67 hospitals identified, 27 (40%) were trauma centers. Trauma centers were not more likely to identify violence as a community problem as compared to non-trauma centers (70.3% vs. 57.5%,  $p=0.29$ ). The majority of hospitals identified violence as a hospital priority using a combination of epidemiologic data, community feedback, and stakeholder priorities ( $n=60$ , 94%). Among those hospitals that obtained community feedback, all used a combination of focus groups, surveys, and interviews to gather these data. Despite this, only 12 hospitals (18%) outlined a CHNA plan to address community violence through social determinants of health-based interventions and only 8 hospitals (11.9%) outlined a CHNA plan specific to community violence prevention.

**Conclusions:** While nearly all hospitals examined listed community violence as a problem in their CHNAs, precious few had a written plan to address community violence. There is a significant gap between recognizing the scope of firearm-related violence and identifying specific interventions. There remains the opportunity to enhance the utilization of CHNAs to develop community-based prevention initiatives.

	Total (N=67, 100%)	Trauma hospital (N=27, 40.3%)	Non-trauma hospital (N=40, 59.7%)	p-value
<b>Hospital Trauma Level</b>	67 (100)			-
Level I		15 (55.6)	-	
Level II		12 (44.4)	-	
Non-trauma center		-	40 (100)	
<b>Is violence identified as a community issue?</b>				0.29
Yes	42 (62.7)	19 (70.4)	23 (57.5)	
No	25 (37.3)	8 (29.6)	17 (42.5)	
<b>How was violence identified as a priority?</b>				0.21
Epidemiologic data	1 (1.6)	0 (0)	1 (2.7)	
Community feedback	3 (4.7)	0 (0)	3 (8.1)	
Stakeholder priorities	0 (0)	0 (0)	0 (0)	
Multiple	60 (93.8)	27 (100)	33 (89.2)	
<b>Is it a primary or secondary hospital priority?</b>				0.56
Listed under SDOH priorities	20 (48.8)	10 (52.6)	10 (45.5)	
Primary	14 (34.2)	5 (26.3)	9 (40.9)	
Secondary	7 (17.1)	4 (21.1)	3 (13.6)	
<b>Does the hospital outline a plan to address community violence in the CHNA?</b>				0.89
No plan	20 (50.0)	10 (47.6)	10 (52.6)	
Broad SDOH plan	12 (30.0)	5 (26.3)	7 (33.3)	
Specific violence prevention plan	8 (20.0)	4 (19.1)	4 (21.1)	
<b>Was violence prevention listed in the CHNA as a previous year's priority?</b>				0.13
Yes	3 (4.5)	0 (0)	3 (7.5)	
No	4 (6.0)	3 (11.1)	1 (2.5)	
Missing	60 (89.6)	24 (88.9)	36 (90.0)	

Violence Prevention as identified in 67 Community Health Needs Assessments (CHNA) from 13 Illinois counties from 2021-2023, by trauma center designation.



Created with mapchart.net

Top quartile of counties with the highest ratio of age-adjusted firearm-to-all-mechanism homicide rates from 2017-2021.

Scientific Session III - Cox Templeton Injury Prevention Paper Competition

Paper #12  
January 16, 2025  
12:00 pm

**DEDICATED DELAYED INTIMATE PARTNER VIOLENCE (IPV) SCREENING  
IMPROVES IPV SURVIVOR IDENTIFICATION**

Jennifer Geller, MD\*, Khushi Patel, BS, Andres Alba Vega, BS,  
Stephanie Ji, MD, Rachel L. Choron, MD, FACS\*,  
Mayur Narayan, MD, MPH, MBA, MHPE, FACS, FCCM, FICS\*  
Rutgers Robert Wood Johnson Medical School

**Presenter:** Jennifer Geller, MD

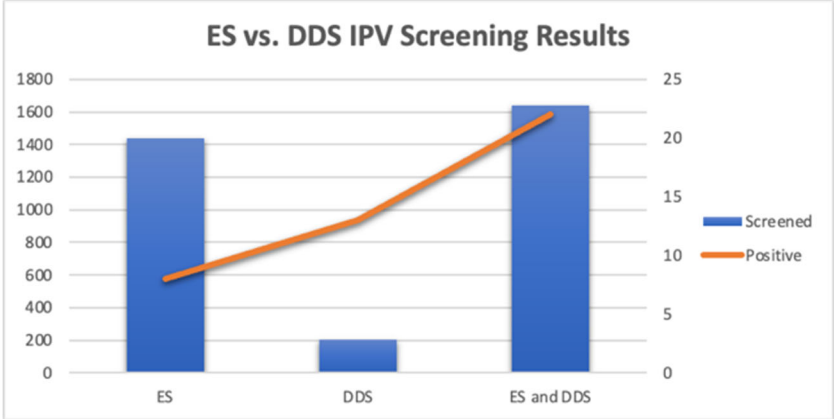
**Discussant:** Carlos Palacio, MD – McAllen Medical Center

**Objectives:** Intimate Partner Violence (IPV) is a global health crisis with long-term physical and mental health consequences. All IPV survivors who present to the hospital, for related or unrelated causes, are at risk for future IPV-related hospitalizations. Thus, universal screening is advised to ensure IPV identification to better deliver necessary resources. Unfortunately, there are many barriers to consistent patient centered IPV screening. We hypothesized that dedicated delayed IPV screening (DDS) identifies more patients at risk for IPV than early screening (ES).

**Methods:** This is a retrospective study at a level 1 trauma center of all trauma patients admitted July 2022-October 2023. Standard practice was ES, a nursing based IPV assessment administered on hospital arrival as part of a broader determinants of healthcare screen. DDS was a clinician-based dedicated screen, implemented in July 2022, administered during tertiary survey after initial workup and disposition. Fisher's Exact Test and Mann Whitney U test were used for data analysis.

**Results:** 4,527 patients were included. Although, less patients were screened by DDS than ES [205 (4.5%) vs. 1,436 (31.7%),  $p < 0.001$ ], DDS detected IPV more frequently than ES [13 (6.3%) vs 9 (0.6%),  $p < 0.001$ ]. Patients screened by DDS were younger and had longer length of stay than ES ( $p < 0.05$ ). In total, 22 patients screened positive, none by both DDS and ES, therefore DDS resulted in >200% increased IPV identification.

**Conclusions:** DDS IPV screening identified more survivors when compared to ES. Improvement of DDS and ES compliance is needed to safeguard IPV detection. Based on this study, we suggest a two-phase screening approach using ES followed by DDS to better ensure IPV identification.



ES vs. DS IPV Screening Results



## Scientific Session IV

Paper #13  
January 16, 2025  
1:40 pm

### ASSOCIATION BETWEEN COAGULATION BIOMARKERS, ICH TYPES, AND TXA TREATMENTS IN EARLY TBI

Karen Minoza, MD, Alexandra MP Brito, MD\*, Lindsey J Loss, MD, Luis Tinoco-Garcia, MD,  
Scott McCloud, MS, Jack McLean, BS, Linda Papa, MD,  
Susan E. Rowell, MD, MBA, MCR\*, Martin A. Schreiber, MD, FACS\*  
Oregon Health and Science University

**Presenter:** Karen Minoza, MD

**Discussant:** Kristen Carter, MD, MS – University of Michigan

**Objectives:** Although a prehospital 2g bolus of Tranexamic acid (TXA) has been shown to decrease mortality in patients with traumatic intracranial hemorrhage (ICH), the underlying mechanism remains controversial. We investigated whether early coagulation biomarkers are associated with ICH type, prehospital TXA, and outcomes in patients with moderate or severe TBI.

**Methods:** We conducted a secondary analysis of the Prehospital TXA for TBI Trial (GCS<13 and SBP>90 to either a 2g prehospital TXA bolus, a 1g prehospital TXA bolus + 1g infusion, or placebo) in the subset of patients with coagulation biomarkers drawn within 2 hours of injury. ICH types were categorized as extradural (EDH), subdural (SDH), subarachnoid (SAH), intraventricular (IVH), intraparenchymal (IPH), mixed, any ICH, and no ICH. Outcomes including Glasgow Outcome Score Extended (GOSE), Disability Rating Score (DRS), and mortality were examined at discharge and 6 months. Associations between biomarker levels, ICH type, TXA treatment group and outcomes were examined.

**Results:** Of 822 patients, 492 had ICH (6 EDH, 41 SDH, 87 SAH, 9 IVH, 29 IPH, 320 mixed, 492 any ICH, and 330 no ICH). Three markers of fibrinolytic activity [D-dimer, Plasmin-2-antiplasmin complex (PAP), and Thrombin antithrombin complex (TAT)] were significantly increased in the presence of any ICH and mixed ICH (Fig 1). Higher D-dimer was associated with increased mortality while higher PAP was associated with worse GOSE and DRS at discharge and 6 months. PAP was associated with TXA treatment group, with lower PAP levels associated with higher initial TXA bolus dose (Fig 2).

**Conclusions:** In patients with moderate or severe TBI, D-dimer, PAP, and TAT are associated with the presence of any ICH and mixed ICH, while D-dimer and PAP are associated with neurologic outcomes. Only PAP is affected by TXA treatment. Future studies should examine the utility of PAP as a potential marker for TXA responsiveness.

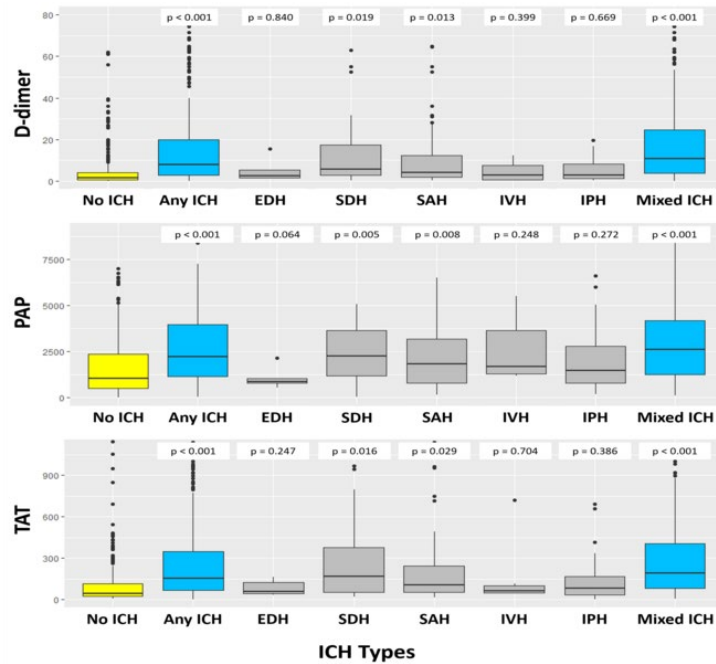


Figure 1: Coagulation Biomarkers significantly associated with ICH are D-dimer, PAP and TAT ( $p < 0.003$ , after the Bonferroni correction). The control group (no ICH) is demarcated in yellow, and ICH types with significant difference from control are demarcated in blue.

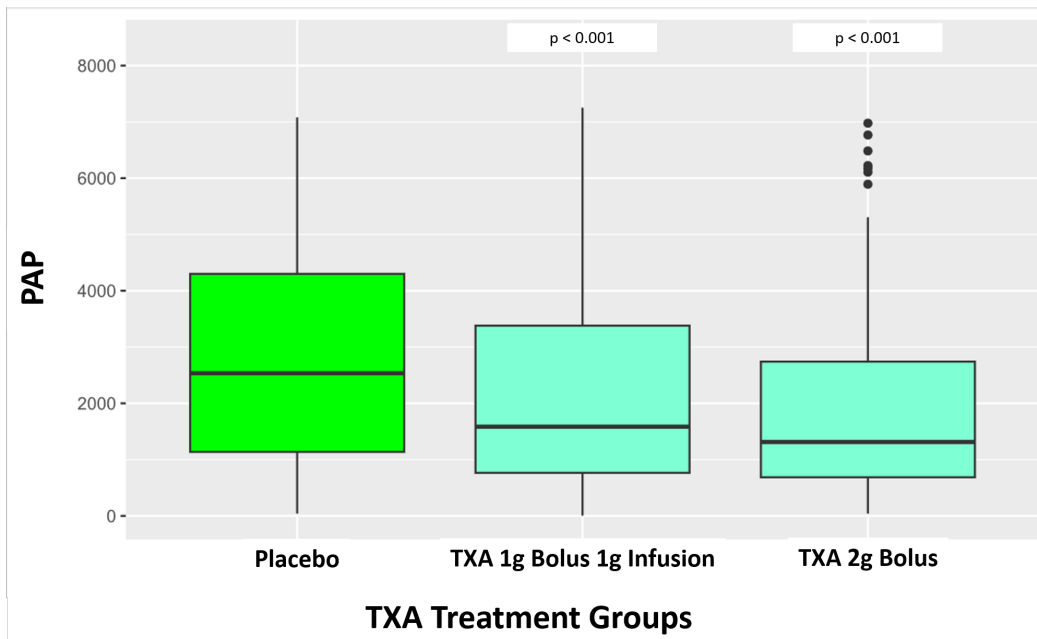


Figure 2: Effect of prehospital TXA treatment on PAP levels. When compared to placebo (Treatment group 0), the levels of the biomarker PAP were significantly different than when prehospital TXA was administered ( $p < 0.003$ , after the Bonferroni correction); Treatment Group 1 (1g TXA bolus, followed by 1g TXA infusion over 8 hours,  $p = 0.00023$ ) and Treatment Group 2 (2g TXA bolus,  $p = 0.00000000075$ ).

## Scientific Session IV

Paper #14  
January 16, 2025  
2:00 pm

### MALE AND FEMALE MICE DEMONSTRATE DISTINCT PATTERNS OF NEUROCOGNITIVE RECOVERY AFTER IDENTICAL SEVERE TRAUMATIC BRAIN INJURY

Patricia Santos Carlin, MD, Michael Coons, BA, Priyanka Bele, MD, Matthew Culkin, BS, Anastasia Georges, MS, Christina Jacovides, MD\*, Patricia Martinez Quinones, MD, PhD\*, David Meaney, PhD, Lewis J. Kaplan, MD, FACS, FCCM, FCCP\*, Alexandra Kauffman, BS, Douglas Smith, MD, Gary Alan Bass, MD, MBA, PhD, FEBS (EmSurg)\*, Jose L. Pascual, MD, PhD, FRCS(C), FACS, FCCM\*  
Department of Surgery, Perelman School of Medicine, University of Pennsylvania

**Presenter:** Patricia Santos Carlin, MD

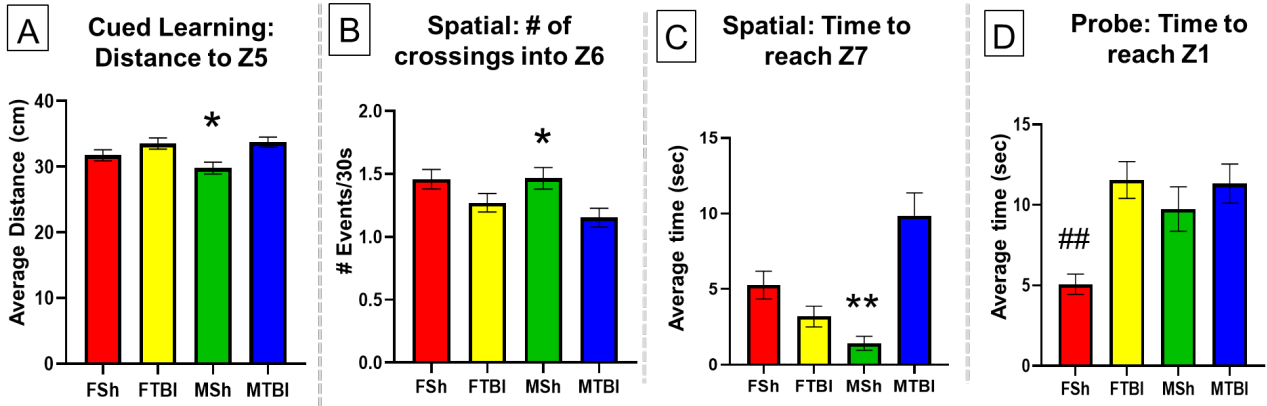
**Discussant:** Rachel Russo, MD, MAS – University of California Davis

**Objectives:** Sex-related outcomes following severe traumatic brain injury (TBI) appear to principally favor females. However, sex-related dimorphism in post-TBI learning and memory remain unexplored. We hypothesized that females realize greater cognitive recovery than males following severe TBI.

**Methods:** CD1 male (M) (n=12) and female (F) (n=12) mice were randomized to controlled cortical impact (severe TBI: 3mm-diameter impactor, 6m/s impact velocity, 1mm depth, 100ms dwell time) or sham craniotomy (Sh) and followed for 14 days. As a surrogate of neuroclinical recovery, body weight (bw) loss recovery was measured daily. From days 6-14, mice underwent Morris water maze exercises to gauge learning and recall. Better task completion was indicated by mice reaching the platform quadrant (Zone1), the platform itself (Zone 5), or concentric zones around the platform (Zone 6, 7) in a shorter time interval, covering a shorter distance, and crossing target zones with increased frequency.

**Results:** Compared to Sham M, MTBI failed to recover lost weight for the first 7 days after injury (i.e. day 5: MTBI: -3.7+/-1.5% v. MSh: +4.1 +/-1.4% bw,  $p<0.01$ ) while FTBI recovered the same lost weight and at the same rate as FSh (FTBI: -1.6+/-1.0% v. FSh: -1.8+/-0.9% bw,  $p=1.0$ ). Learning (cued: figure A; spatial: figure B, C) after TBI was significantly worse in males but not in females. In probe (memory) trials, impaired memory post-TBI was only observed in females (figure D).

**Conclusions:** Severe TBI worsens cued and spatial learning and impairs weight loss recovery in male but not female mice. Female - but not male - mice sustain memory impairment after identical severe TBI. While the mechanism(s) that underpin these observations remain unclear, sex-related neurocognitive outcome differences should be incorporated in study strategies directed at TBI management.



\*  $p < 0.05$  v. MTBI, \*\*  $p < 0.01$  v. MTBI, ##  $p < 0.01$  v. FTBI

## Scientific Session IV

Paper #15  
January 16, 2025  
2:20 pm

### PLASMA RESUSCITATION RESTORES GLOMERULAR HYALURONIC ACID AND MITIGATES HEMORRHAGE-INDUCED GLOMERULAR DYSFUNCTION

William Risinger, MD, MS\*, Paul Matheson, PhD,  
Jason W. Smith, MD, PhD, MBA, FACS\*  
University of Louisville

**Presenter:** William Risinger, MD, MS

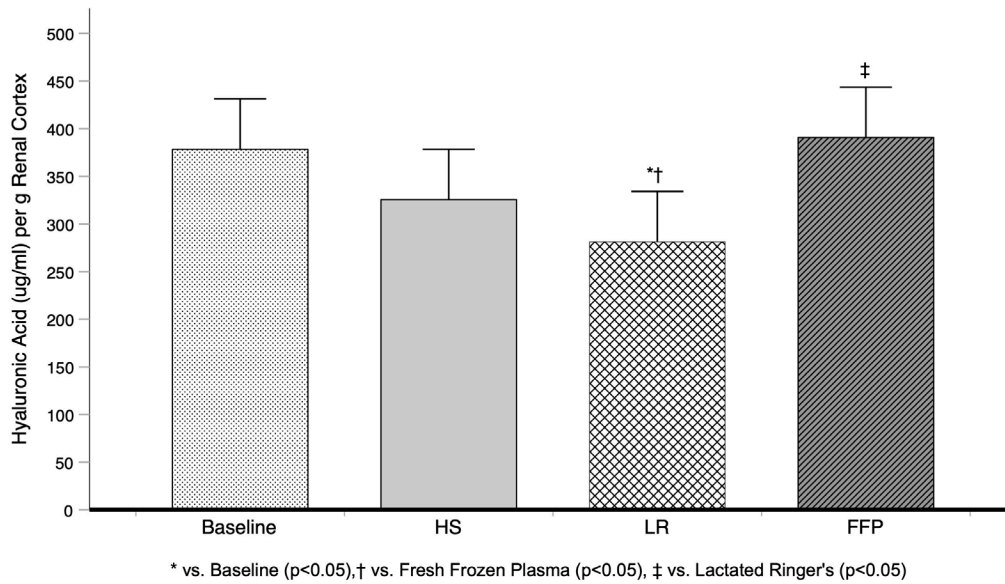
**Discussant:** Sawyer Smith, MD, MBA – University of California Davis

**Objectives:** Acute renal dysfunction following hemorrhagic shock and resuscitation carries significant morbidity and mortality. Despite an extensive understanding of renal tubule damage after injury, less is known regarding early alterations to the glomerulus, particularly its glycocalyx. We sought to evaluate the impact of hemorrhagic shock and resuscitation modalities on glomerular composition/function and hypothesized that fresh frozen plasma resuscitation would attenuate glomerular glycocalyx damage and reduce glomerular dysfunction.

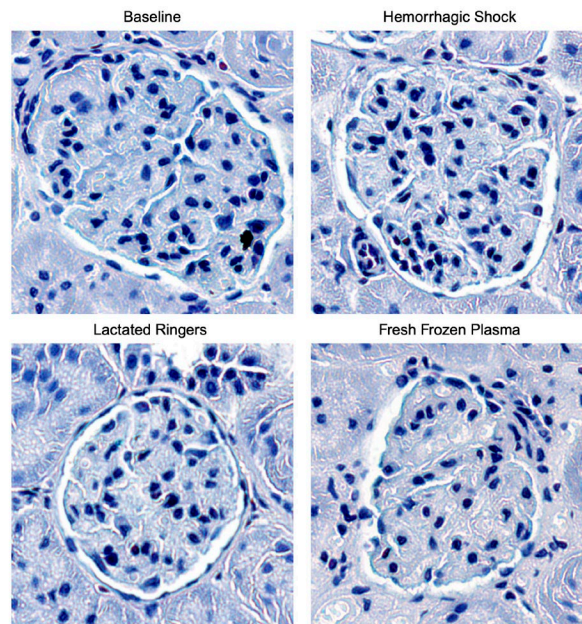
**Methods:** Sprague-Dawley rats underwent hemorrhagic shock to 40% of baseline mean arterial pressure for 60 minutes followed by resuscitation with shed whole blood and either crystalloid or plasma. Experimental groups included: A) Baseline, B) Post-hemorrhagic shock, C) Post-crystalloid resuscitation, and D) Post-plasma resuscitation. Urinary proteomics was used to identify markers of glomerular damage, followed by confirmatory evaluation using glomerular histologic evaluation and renal lysate enzyme-linked immunosorbent assays. Urine protein levels were measured as a surrogate for glomerular function.

**Results:** Urinary proteomics identified elevated levels of hyaluronidase-1 following hemorrhagic shock, suggesting shedding of hyaluronic acid, a key constituent of the glomerular glycocalyx. Renal levels of hyaluronic acid dropped significantly following hemorrhage and crystalloid resuscitation. By contrast, plasma restored levels back to baseline (Figure 1). Alcian blue staining of glomerular hyaluronic acid demonstrated a similar trend (Figure 2). Proteinuria was observed following crystalloid resuscitation, while plasma administration reduced urine protein levels to baseline.

**Conclusions:** Resuscitation with fresh frozen plasma restores hemorrhage induced shedding of hyaluronic acid from the glomerular glycocalyx and attenuates glomerular dysfunction.



Levels of hyaluronic acid in the renal cortex following hemorrhagic shock and resuscitation determined via ELISA.



Alcian blue (pH 2.5) staining of glomerular hyaluronic acid (light blue) following hemorrhagic shock and resuscitation. Plasma resuscitation restores glomerular hyaluronic acid when compared to lactated ringers.

## Scientific Session IV

Paper #16  
January 16, 2025  
2:40 pm

### INTERLEUKIN-22 AS A NOVEL THERAPY FOR TRAUMA RELEVANT ACUTE KIDNEY INJURY

Sharven Taghavi, MD, MPH, MS, FACS\*, Farhana Shaheen, David Engelhardt, Allison Newell,  
John Dasinger, Jay Kolls, Heddwen Brooks, Olan Jackson-Weaver, PhD  
Tulane University School of Medicine

**Presenter:** Sharven Taghavi, MD, MPH, MS, FACS

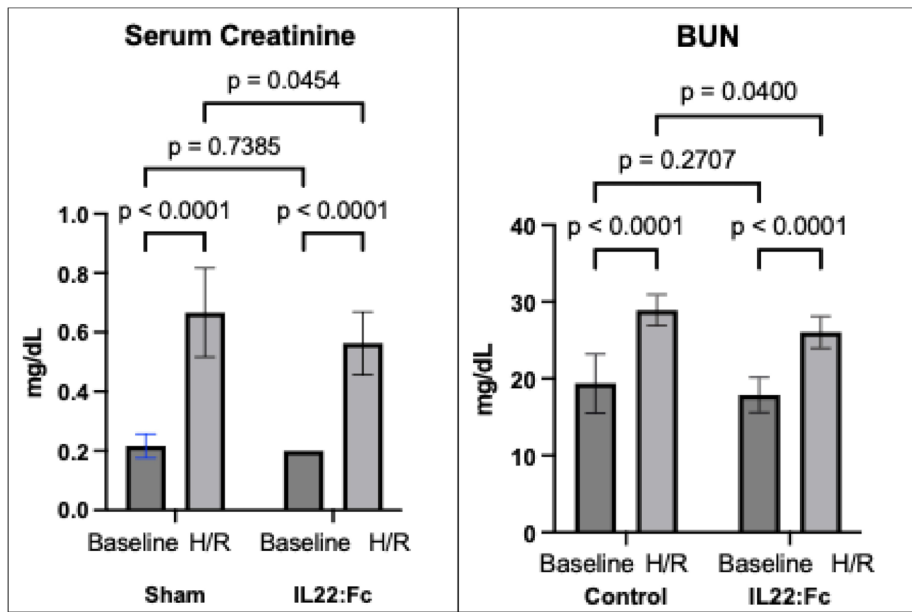
**Discussant:** Allan Stolarski, MD, MS – Boston Medical Center

**Objectives:** Treatment for acute kidney injury (AKI) after trauma and resuscitation remains primarily supportive. While Interleukin-22 (IL-22) is known to decrease cell death and stimulate regeneration in the kidney, its potential as a therapeutic in trauma-relevant AKI is unknown. IL-22:Fc is a recombinant human IL-22 protein combined with a human Fc immunoglobulin to increase serum half-life. We hypothesized that IL-22:Fc would mitigate AKI in a trauma-relevant rat model of hemorrhagic shock and resuscitation (H/R).

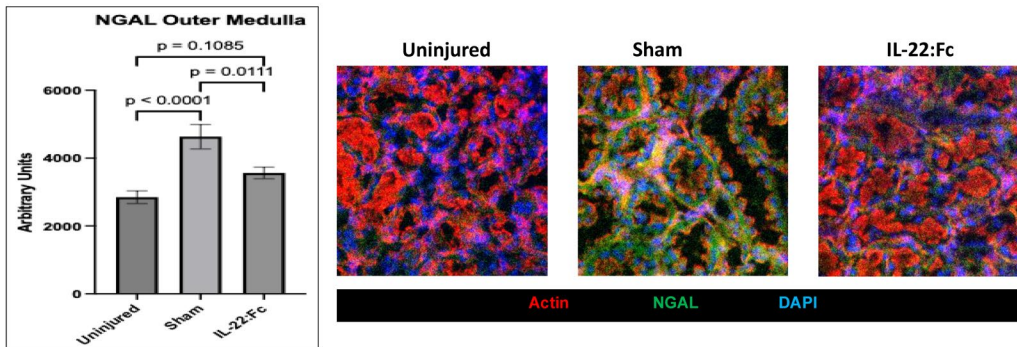
**Methods:** Sprague-Dawley rats were anesthetized and femoral arteries were cannulated. Mean arterial pressure (MAP) was reduced to 40 mmHG by withdrawing blood and kept there for 30 minutes. Animals were then resuscitated with IV lactated ringer's to a MAP of 60 for an additional 30 minutes. Treated animals (n=8) received 150 ug/kg of IL-22:Fc at the start of resuscitation and compared to sham injected. Labs were drawn at baseline and end of resuscitation.

**Results:** Both groups demonstrated AKI as measured by BUN and serum creatinine, while treated animals had lower BUN and creatinine at the end of H/R (Fig 1). In addition, IL-22:Fc treated animals had lower urinary albumin concentration (0.39 vs. 0.12 ug/mL, p=0.02). Furthermore, neutrophil gelatinase-associated lipocalin (NGAL) levels, a marker of AKI, measured in the outer medulla were lower in treated animals (Fig 2). NGAL levels measured in the cortex glomeruli (1005 vs. 1457 AU, p=0.41) and inner medulla (5670 vs. 5885 AU, p=0.16) were not different. NGAL levels were higher in the tubular cortex for treated rats (2420 vs. 3541 AU, p=0.02). Phosphorylated STAT-3 levels were not higher in the kidney of treated rats.

**Conclusions:** IL-22:Fc protects the kidneys after H/R and appears to act selectively on the outer medulla. This beneficial effect does not appear to be mediated by STAT-3, as shown in other organ systems. IL-22:Fc may be a novel therapy for AKI in trauma patients.



Hemorrhagic shock followed by resuscitation results in acute kidney injury as measured by blood urea nitrogen (BUN) and serum creatinine. Animals treated with IL-22:Fc had decreased kidney injury as measured by BUN and creatinine.



Treatment with IL-22F<sub>c</sub> results in less injury in the outer medulla of the kidney as measured by neutrophil gelatinase-associated lipocalin (NGAL) staining.



## Scientific Session IV

Paper #17  
January 16, 2025  
3:00 pm

### IS YOUR WHOLE BLOOD HEMOSTATIC? IN VITRO EVALUATION OF COLD-STORED WHOLE BLOOD WITH TEG 6S AT A LEVEL 1 TRAUMA CENTER

Brian Czarkowski, MD, James N. Bogert, MD\*, Kristina Kupanoff, PhD,  
Dih-Dih Huang, MD\*, Jody Handschug, MLS(ASCP)SH, Jordan A. Weinberg, MD\*  
Creighton University School of Medicine - Phoenix Campus

**Presenter:** Brian Czarkowski, MD

**Discussant:** Morgan Schellenberg, MD, MPH – LAC+USC Medical Center

**Objectives:** The use of cold-stored whole blood has increased in use in the civilian trauma setting. Nonetheless, the effect of storage on hemostatic efficacy remains a concern, particularly with respect to platelet function. We sought to evaluate the thromboelastogram (TEG) profiles of typical emergency-release whole blood units on hand in the blood bank at our level 1 trauma center. We hypothesized that whole blood would demonstrate a storage age dependent decline in platelet function.

**Methods:** TEG 6S tracings were obtained from samples of 10 whole blood units (WB) and 10 samples of reconstituted whole blood (RWB) provided by our blood bank (RWB = 1:1:1 red blood cells, fresh frozen plasma thawed on day of testing, and seven-day old platelets). TEG 6s parameters (R time, functional fibrinogen (FF), maximum amplitude (MA)) were compared between groups and analyzed according to storage age (days; RWB age per red blood cell storage age).

**Results:** For both WB and RWB, R times were within the normal range for all samples. Concerning FF, 2 of 10 WB samples were below the normal range compared with zero below-normal RWB samples ( $P=0.146$ ). Concerning MA, 7 of 10 WB samples were below the normal range compared with zero below-normal RWB samples ( $P<0.001$ ). All RWB MA values were greater than all WB MA values. WB MA values were not correlated to storage age of the WB samples (Figure).

**Conclusions:** In vitro platelet function as measured by TEG 6S was below normal in 70% of WB units tested in our blood bank, but was found to be in the normal range in all of the RWB samples. Although platelet function degradation has been previously attributed to WB storage age, marked dysfunction was observed as early as storage day 8 and did not correlate with increasing age.

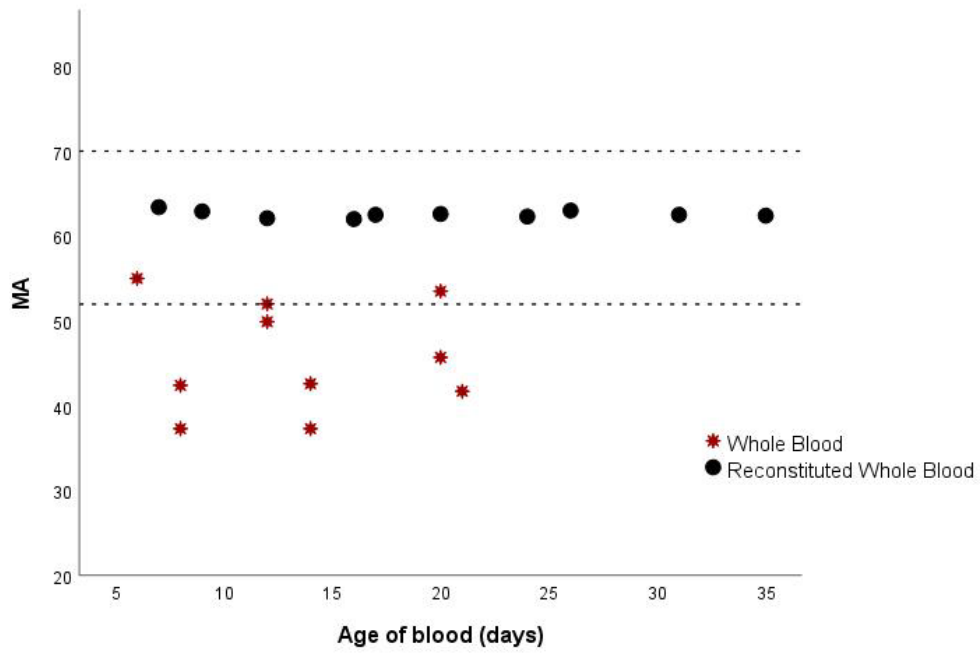


Figure: Storage age of whole blood and reconstituted whole blood units with corresponding MA values. Dashed lines represent upper and lower limits of the normal range for TEG 6S MA.

## Scientific Session V

Paper #18  
January 16, 2025  
1:40 pm

### **PUBLIC VS PRIVATE EMS: RESPONSE TIME DISPARITIES AND MORTALITY IN TRAUMA**

Ricardo A. Fonseca, MD, Colleen Witty, MD, MPH, Angela L Hill, MD, MPHS,  
Michael W Alchaer, MD, Melissa Canas, MD, Leonardo Diaz, MD, Marco J Henriquez, MD,  
Fabiana C Sanchez Pabon, MD, Jennifer McCarthy, EMTP, Grant V. Bochicchio, MD, MPH\*,  
Grace Niziolek, MD\*, Marguerite W. Spruce, MD\*, Lindsay M. Kranker, MD\*  
Washington University in Saint Louis

**Presenter:** Ricardo A. Fonseca, MD

**Discussant:** Shyam Murali, MD – Grandview Health

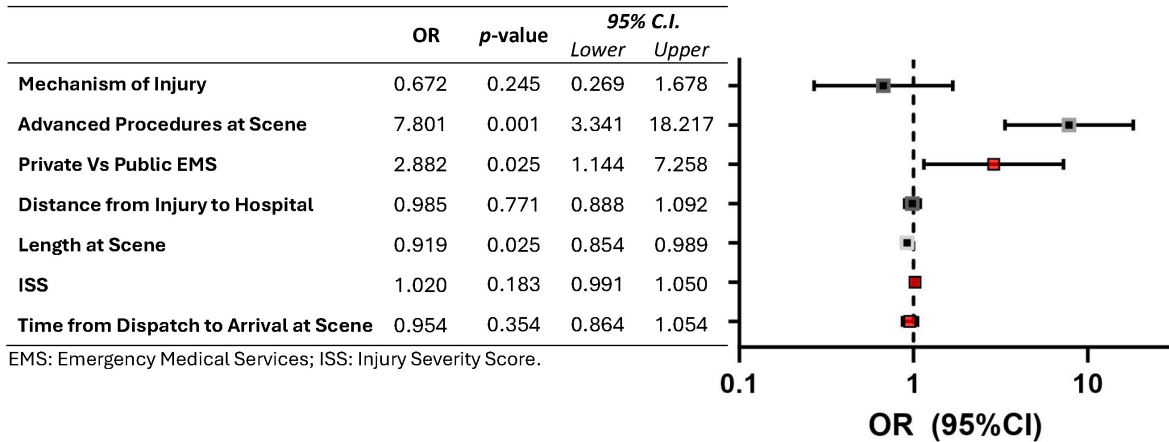
**Objectives:** Literature on “Trauma Deserts” has shown a correlation between distance/time to the hospital and mortality, but emerging data suggests Emergency Medical Services (EMS) optimization may mitigate this impact. This study aims to compare private and public ambulance services, focusing on response times and their impact on Emergency Department (ED) mortality in severely-injured patients.

**Methods:** This study was conducted using a level 1 trauma registry, querying all patients from 2017-2023. Only patients transported by ground EMS directly from the injury scene within 80 miles, with an Injury Severity Score (ISS) >15 were included. Injury locations and EMS data were geocoded utilizing ArcGIS Pro to calculate distances and times. Logistic regression models were used to analyze the impact of EMS type, initial response time, scene time, and on-scene procedures on ED mortality when controlling for ISS, mechanism, and distance.

**Results:** 1,057 of 11,104 patients with known injury locations met our inclusion/exclusion criteria. Patients transported by Private EMS had a higher ED Mortality (5.4% vs 2.0%,  $p=0.008$ ) despite equivalent injury severity (ISS: Public 24.9 vs Private 25.3,  $p=0.228$ ). While initial response times from call dispatch were similar, Private EMS demonstrated longer scene times (14.6 vs 13.9 min,  $p=0.05$ ) and a greater number of advanced procedures performed on-scene. Logistic regression revealed that Private EMS (OR 2.88,  $p=0.025$ ), EMS advanced procedures (OR 7.80,  $p<0.001$ ), and scene time (OR 0.92,  $p=0.025$ ) were significant predictors of increased ED mortality.

**Conclusions:** This analysis shows that the higher ED mortality with Private EMS is due to longer on-scene times and more procedures, not ISS, or distance/time from injury. Public EMS had better response times and lower ED mortality, suggesting a benefit to enhanced public oversight and funding to enhance EMS response and patient outcomes.

Figure 1. Logistic Regression with ED Mortality as outcome



### Logistic Regression with ED Mortality as Outcome

Table 1. Demographics

	TOTAL (n = 1,057)	Private EMS (n = 391; 37%)	Public EMS (n = 666; 63%)	p-value
Age yr, median (IQR)	39.6 (28.1-58.7)	36.3 (26.7-57.2)	41.4 (29.3-59.1)	<b>0.004 *</b>
Gender n (%)	Male	281 (71.9)	471 (70.7)	0.691
	Female	305 (28.9)	195 (29.3)	
Race n (%)	Black	719 (68)	448 (67.3)	0.118
	White	277 (26.2)	107 (27.4)	

Table 2. Injury Characteristics

	TOTAL (n = 1,057)	Private EMS (n = 391; 37%)	Public EMS (n = 666; 63%)	p-value
MOI n (%)	MVC	161 (46.9)	253 (45.3)	0.890
	GSW	306 (34)	191 (34.2)	
	Fall	181 (20.1)	114 (20.4)	
ISS median (IQR)	22 (17-29)	22 (17-29)	22 (17-29)	0.228
Mean (±SD)	25 (9.9)	25.3 (10.2)	24.9 (9.8)	
GCS on Arrival median (IQR)	15 (12-15)	15 (11-15)	15 (13-15)	0.135
Mean (±SD)	12.3 (4.5)	12.5 (4.3)	12.1 (4.5)	

Table 3. EMS Response Details

	TOTAL (n = 1,057)	Private EMS (n = 391; 37%)	Public EMS (n = 666; 63%)	p-value
EMS Procedures On-Scene n (%)	291 (27.5)	179 (45.8)	112 (16.8)	<b>0.005 *</b>
EMS CPR On-Scene n (%)	48 (4.5)	12 (3.1)	36 (5.4)	0.078
Time from Dispatch to Scene Arrival, minutes, median (IQR)	7 (4-10)	6 (4 - 10)	7 (4 - 9)	0.404
Time to Hospital from Call Dispatch, minutes, median (IQR)	34 (27-44)	39.5 (31.2-47.7)	31 (24-40)	<b>&lt;0.001 *</b>
Length at Scene, minutes, median (IQR)	12 (8-18)	13 (9-19)	12 (8-17.7)	<b>0.008 *</b>
Time to Hospital from Scene Departure, minutes, median (IQR)	14 (9-19)	18 (15-23)	11 (7-15)	<b>&lt;0.001 *</b>
Distance from Injury to Hospital, miles, median (IQR)	4 (2.6-7.6)	7.8 (5.6-9.6)	3.2 (2.2-4.4)	<b>&lt;0.001 *</b>

Table 4. Clinical Outcomes

	TOTAL (n = 1,057)	Private EMS (n = 391; 37%)	Public EMS (n = 666; 63%)	p-value	
LOS median (IQR)	8 (7-15)	8 (4-14.5)	8 (4-15)	0.068	
ICU Admission n (%)	771 (72.9)	287 (73.4)	484 (72.7)	0.797	
ICU Days median (IQR)	4 (3-10)	7.8 (8.8)	8.3 (9.4)	0.240	
Use of MTP n (%)	224 (21.2)	86 (22)	138 (20.7)	0.625	
ED Mortality n (%)	44 (4.2)	21 (5.4)	13 (2)	<b>0.008 *</b>	
Hospital Mortality n (%)	160 (15.1)	54 (13.8)	106 (15.9)	0.357	
Discharge Disposition n (%)	Home	183 (54.3)	308 (55)	0.070	
	Skilled Nursing Facility	128 (14.3)	44 (13.1)		84 (15)
	Rehab	225 (25.1)	96 (28.5)		129 (23)
	AMA	30 (3.3)	4 (1.2)		26 (4.6)

## Scientific Session V

Paper #19  
January 16, 2025  
2:00 pm

### PROLONGED EMERGENCY MEDICAL SERVICES (EMS) RESPONSE TIMES AND NEIGHBORHOOD RACIAL/ETHNIC SEGREGATION: DISPARITIES AND INEQUITIES AMONG CRITICALLY INJURED PATIENTS IN PRE-HOSPITAL EMS CARE

Cherisse Berry, MD, FACS\*, N. Clay Mann, Ph.D., MS, MBA,  
Benjamin Fisher, MPA, AS, NRP, Ramesh Jakka, Ph.D.,  
Supraja Krovvidi, Laurent Hasson, BS, MS, Charles DiMaggio, Ph.D., MPH,  
Dustin Duncan, ScD, Natalie Escobar, MD, Spiros Frangos, MD, MPH,  
Ashley C. Pfaff, MD\*, Olubenga Ogedegbe, MD, MPH, Ran Wei, Ph.D.  
NYU School of Medicine

**Presenter:** Cherisse Berry, MD, FACS

**Discussant:** Gregory Schaefer, DO – West Virginia University

**Objectives:** The National Fire Protection Association (NFPA) has established a 9 minute “response time” (RT) benchmark goal for the arrival of an Emergency Medical Service (EMS) unit to the incident scene. Among injured patients, extended prehospital times are associated with increased mortality; however, disparities in EMS RTs times are unknown. This study sought to evaluate EMS RTs within racial/ethnic segregated neighborhoods among critically injured patients.

**Methods:** We identified all critically injured patients in the National EMS Information System (NEMIS) database (2020-2022). EMS RTs were then stratified by the total population (urban and rural), segregation tertiles (low, medium, high). We measured racial/ethnic segregation of each census block group using the Multigroup Entropy Index. Racial/ethnic groups including Asian, Black, White, and Hispanic/Latino were considered when calculating block group diversity scores, stratified by segregation tertiles & urbanicity, and then compared using the Welch’s t-test.

**Results:** 38,770,528 critically injured patients were identified. The mean RT was 12.5min. 37% of patients were in rural areas with a mean RT of 14.6min and 63% of patients were in urban areas with a mean RT of 11.3min. Highly segregated neighborhoods had a significantly longer RT when compared to less segregated neighborhoods (21.1min vs.11.1min,  $p<0.001$ ). Highly segregated rural and urban neighborhoods had significantly longer RTs when compared to less segregated rural and urban neighborhoods (23.2min and 20.6min vs 11.9min and 10.7min,  $p<0.001$ ) which was consistent across racial/ethnic groups.

**Conclusions:** Among critically injured patients, EMS RTs are significantly longer in highly segregated rural and urban neighborhoods. Inequities in EMS RTs on outcomes deserves further study.

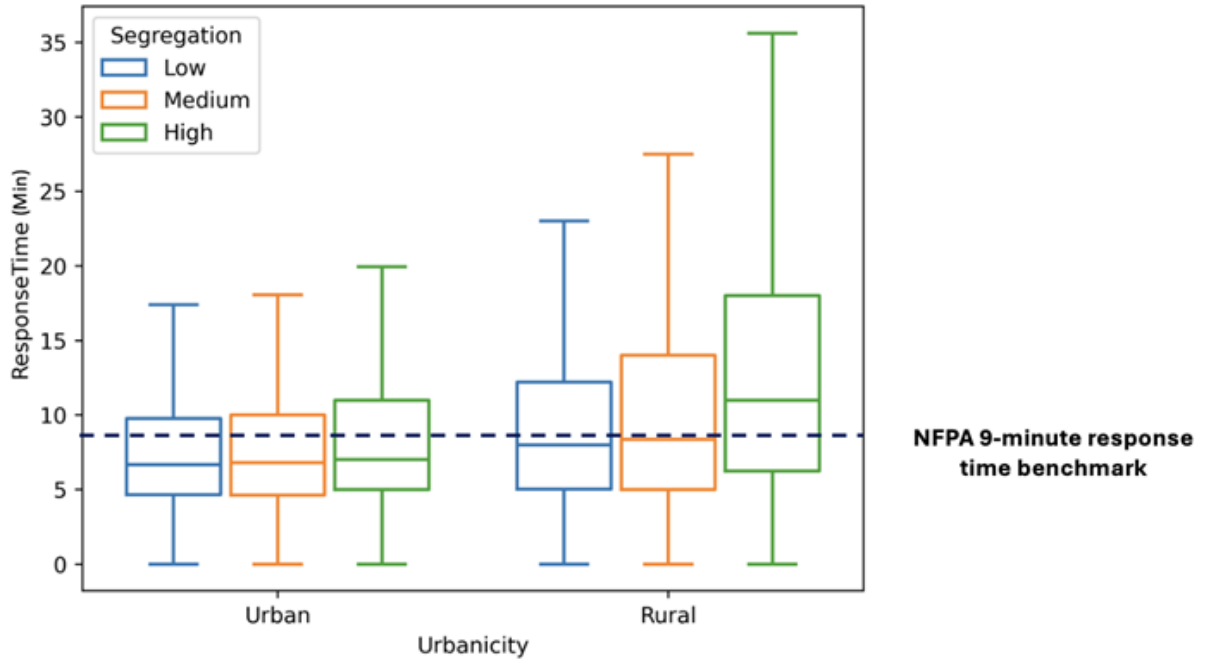


Figure 1: EMS Response Times (minutes) stratified by urbanicity and segregation tertiles

## Scientific Session V

Paper #20  
January 16, 2025  
2:20 pm

### LEAD THE ROOM: IMPACT OF LEADERSHIP STYLE ON TEAM RESILIENCE AMONG TRAINEES IN THE TRAUMA BAY

Bahaa Succar, MD, Alaa Hazime, BS, William Daniel, MD,  
Ashley Holroyd, BIE, MEd, Ryan P. Dumas, MD\*  
University of Texas Southwestern Medical Center

**Presenter:** Bahaa Succar, MD

**Discussant:** Alaina Lasinski, MD – MetroHealth Medical Center

**Objectives:** Leadership is a crucial component to successful team function in high-acuity trauma resuscitations. Literature addressing the impact of leadership style on team members during trauma resuscitations is scarce. We aim to assess the relationship between leadership type and team resilience among trainees in the trauma bay using trauma video review.

**Methods:** A prospective observational study of adult patients presenting at our level 1 trauma center was performed. Trainee performance was evaluated with Behavior Anchored Rating Scales through audio-visual review of captured trauma resuscitations. Statistical analysis was performed to explore possible correlations between leadership style (transformational, transactional, and passive) and 3 team behavior indicators (speaking up, knowledge sharing, and cooperation).

**Results:** A total of 66 trauma activations were analyzed. The median age was 33.5 [IQR:25-46] years, with 29%(n=19) penetrating injuries, and a median Injury Severity Score of 14 [IQR:5-22]. Trauma leads were more likely to exhibit passive leadership (*mean (M)*=2.96, standard deviation (*SD*)=1.17), followed by transactional(*M*=2.91, *SD*=1.29) and transformational (*M*=2.46, *SD*=1.20). Teams scored highest on knowledge sharing(*M*=3.61, *SD*=0.78), whereas speaking up was the lowest(*M*=2.96, *SD*=1.17). Transformational and transactional leaderships were both positively correlated to the capacity in which team members cooperate( $r=0.49, p<0.001$  and  $r=0.49, p<0.001$ , respectively) and share knowledge( $r=0.50, p<0.001$  and  $r=0.52, p<0.001$ , respectively). Passive leadership was strongly correlated to speaking up in trauma teams( $r=1.00, p<0.001$ ).

**Conclusions:** When trauma leaders exhibit passive behavior, team members speak up more frequently, showcasing resilience. Educational opportunities among trainees should promote transformational or transactional leadership styles to improve team performance.

## Scientific Session V

Paper #21  
January 16, 2025  
2:40 pm

### IMPROVING TRAUMA INFORMED CARE PRACTICES IN THE RESUSCITATION BAY: A MIXED-METHODS ANALYSIS

Amber Brandolino, MS, Elise Biesboer, MD\*, Morgan Blaser, BS, Alexis Bradt, BS,  
Yara Hamadeh, BS, Sehr Khan, MD, Kathleen Williams, MD,  
Terri deRoon-Cassini, MS, PhD, Libby Schroeder, MD, FACS\*  
Medical College of Wisconsin

**Presenter:** Amber Brandolino, MS

**Discussant:** John Bliton, MD – Jamaica Hospital Medical Center

**Objectives:** To evaluate patients' perceptions of the trauma resuscitation process before and after implementing an Assurance of Safety (AOS) to provide patients with the clinical context of their care and comfort.

**Methods:** This was a prospective, mixed method, pre/post analysis of the implementation of the AOS at our urban, Midwest Level 1 Trauma Center. Inpatients who underwent trauma resuscitation were surveyed regarding their perceptions of and emotions during the resuscitation process (Feb '23 - July '23). The trauma team was then educated on trauma informed care practices and to provide the AOS for 4 months. Post-intervention surveys were then performed Nov '23 - Jun '24. Descriptive statistics and independent samples t-tests ( $p < 0.05$ ) for closed-ended responses and free responses were qualitatively analyzed to characterize patient perceptions.

**Results:** There were 197 pre-AOS and 189 post-AOS patients. Most patients were males (63.7%) involved in a motor vehicle collision (34.2%) and identified as White (45.3%) or Black (45.3%). On average, AOS patients were younger (48.1 vs 43.5 years,  $p = 0.03$ ). There were no other demographic or clinical differences between the cohorts. AOS patients less often reported being "quite a bit" or "severely" worried they would lose their life (39.2% vs 50.3% in pre-AOS,  $p = 0.03$ ). Major qualitative themes from both groups included patients being unable to remember what happened and "waking up" later, clothes being cut off, fear for loss of life or being paralyzed, and reassurance from medical staff. More AOS than pre-AOS patients (12% vs 1%) mentioned doctors explaining the resuscitation process to them.

**Conclusions:** A quick assurance that the patient is safe and will be taken care of improved the number of patients who were "quite a bit" or "severely" worried that they would lose their life and was recalled by patients when describing their resuscitation experience.



## Scientific Session V

Paper #22  
January 16, 2025  
3:00 pm

### **IT'S JUST A BROKEN BONE! DO GERIATRIC ORTHOPEDIC PATIENTS BENEFIT FROM TRAUMA SERVICE ADMISSION?**

Angela M. Duff, BS, Carrie A. Sims, MD\*, Holly Baselice, BS, MPH  
The Ohio State University

**Presenter:** Angela M. Duff, BS

**Discussant:** Stefan W. Leichtle, MD, MBA – Inova Health System

**Objectives:** The population of  $\geq 65$  years old is growing faster than any other age range. Geriatric trauma accounts for 23% of trauma-related hospital admissions. The altered physiology/comorbidities of older patients leads to under-triaging & more complications. Geriatric patients with isolated orthopedic injuries (IOIs) are traditionally admitted to orthopedics or medicine. We hypothesized the trauma service would have better outcomes.

**Methods:** We retrospectively reviewed our Level 1 trauma center's registry. Patients included were  $\geq 65$  years old admitted with an IOI from 1/1/2017-6/31/2023. Patients were admitted to trauma, orthopedics, or medicine. We investigated inpatient complications/discharge destination. Multivariable analyses adjusted for age, sex, race, insurance, ISS, & CCI. Data were analyzed using appropriate statistical tests.

**Results:** 42% of geriatric trauma patients were admitted to trauma, 27% to medicine, and 31% to orthopedics. Univariate analysis revealed patients admitted to trauma were mostly male (36.3 v 32.7 v 27.8%,  $p=0.029$ ) and had 2 comorbidities (33.7 v 32.1 v 28.1%,  $p=0.0001$ ) compared to those admitted to medicine/ortho. Those admitted to trauma had shorter lengths of stay (5 IQR[3,8] v 6 IQR[4,9] v 5 IQR[3,6],  $p=0.0001$ ), fewer complications (9.4 v 25.2 v 13.9%,  $p=0.0001$ ), lower mortality (1.2 v 4.2 v 1.6%,  $p=0.008$ ), and higher odds of being discharged home (36.6 v 28.4 v 30.1%,  $p=0.02$ ). When adjusted, medicine no longer had significantly higher mortality, but they had 3.2x the odds of having a complication in comparison to trauma. Both medicine and ortho had 1.4x the odds of discharging their patients to a facility.

**Conclusions:** Geriatric trauma patients had shorter lengths of stay, less complications and lower mortality on the trauma service. Trauma patients had higher odds of discharge home and lower odds of complications. Trauma service adds value to geriatric patients admitted for IOI.

## Scientific Session V

Paper #23  
January 16, 2025  
3:20 pm

### EVALUATING THE PREVALENCE OF POST-TRAUMATIC STRESS DISORDER IN PROFESSIONAL TRAUMA PATIENT CAREGIVERS

Kaitlyn Shelley, BS, Amy Stewart, MD, FACS\*, Luke Willand, MD,  
Kylea Barnes, MD, Maureen Shields, MPH  
Advocate Lutheran General Hospital

**Presenter:** Kaitlyn Shelley, BS

**Discussant:** Keelin Roche, MD, MPH – East Tennessee State University

**Objectives:** Trauma Patient Caregivers: First responders, nurses, and physicians are chronically exposed to patient-related trauma, frequently with insufficient institutional support. Research on the prevalence of PTSD in this population is limited. This study examines the prevalence of PTSD in this population, how trauma exposure may contribute to PTSD development, and coping methods utilized after exposure.

**Methods:** In August 2020, an anonymous electronic survey was administered to Trauma Patient Caregivers of a level 1 trauma center. Respondents were screened for PTSD via PCL-5 and for presence of PTSD risk factors. Bivariate associations between the type of exposure and PTSD prevalence were assessed using Chi-square tests with statistical significance set at  $p < 0.05$ .

**Results:** Of 116 respondents, 19 (16.4%) demonstrated a positive PTSD screen with all 19 reporting exposure to trauma. PTSD was significantly associated with being unmarried, preexisting mental illness, exposure to domestic violence, or exposure to sexual assault. A total of 14 PTSD positive respondents (73.7%) reported using substances to cope and 11 (57.9%) reported abusing them.

**Conclusions:** In our study, 16.4% of Trauma Patient Caregivers screened positive for PTSD, substantially higher than the general population rate of 6-9%, with factors of unmarried, pre-existing mental illness, domestic violence, or sexual assault exposure associated with the highest risk. Only 52.6% of those with a positive PTSD screen have received mental health care with 73.7% admitting the use of alcohol as a coping mechanism. This leaves 47.4% of PTSD positive Trauma Patient Caregivers without professional treatment. PTSD negatively impacts cognitive performance, memory, and risk assessment; improvement of mental health services for trauma caregivers is crucial for the safety and well-being of both the Trauma Patient Caregiving team and patient.

	<b>PTSD (%, mean)</b>	<b>No PTSD (%, mean)</b>	<b>P value</b>
<b>Demographic variables</b>			
Female sex	57.9	38.1	0.11
Younger than 50	84.2	78.4	0.066
Not married	63.2	34.0	0.003
Early in their job (<10yrs)	57.9	37.1	0.32
Military	10.5	12.4	0.82
<b>Types of exposure</b>			
Trauma Exposure	100.0	86.6	0.09
Multiple trauma exposures	94.7	66.0	0.43
Single trauma exposure	5.3	11.3	0.43
Pre-existing Mental Illness	42.1	13.4	0.003
Domestic Violence Victim	36.8	15.5	0.03
Sexual Assault Victim	36.8	9.3	0.001
<b>Coping strategies</b>			
Alcohol Use	73.7	53.6	0.003
Mental care received	52.6	38.1	0.24
Reaching out now	10.5	9.3	-

Table 1 Factors associated with the development of PTSD in exposed subjects ( $N = 116$ )

## Scientific Session VI

Paper #24  
January 17, 2025  
7:30 am

### PRIMARY REPAIR VERSUS RESECTION FOR AAST GRADE I AND II COLON INJURIES: DOES THE TYPE OF REPAIR REALLY MATTER? AN EAST MULTICENTER TRIAL

Caitlin A. Fitzgerald, MD\*, Christopher Barnes, MD, Erika K. Bisgaard, MD\*, Bryant McLafferty, MS, Kevin N. Harrell, MD\*, Matthew Fleming, MD, MPH\*, Jonathan P. Meizoso, MD, MSPH\*, James A Walker, MD\*, Jason D. Sciarretta, MD, FACS\*, Bahaa Succar, MD, Mingyuan Cheng, PhD, Richard Harlow Lewis, MD, MA, FACS\*, Gregory Davis, PhD, Odessa Pulido, DO\*, Tanya Egodage, MD, FACS\*, Jennifer Mooney, MD\*, Stacy Nguyen, MD, Jordan M. Kirsch, DO\*, Anna Jose, MD, Derek C. Lombard, MD\*, Andreana Finn, MD, Kyle Sheppard, MD, Corey Shively, BS, Charles C. Butts, MD\*, Alaina M. Lasinski, MD\*, Nicholas Beattie, BA, Mary Noory, MD\*, Sejul Chaudhary, MD, William Irish, PhD, Karla Luketic, MD, Matthew R Noorbakhsh, MD\*, Khalid Almahmoud, MD MPH, Alison Cash, BS\*, Andrew C. Bernard, MD, FACS\*, Arathi Kumar, MD\*, Anthony J. DeSantis, MD\*, Rosemary A. Kozar, MD, PhD\*, Ajay Prasad, BS, Anaar Siletz, MD, PhD\*, Thomas J. Schroepel, MD\*, Jennifer Rodriguez, CCRP, Nichole Tackett, MA, Caleb J. Mentzer, DO FACS\*, Anna Sabu-Kurian, BS, Brittany Bankhead, MD, MS\*, Bishwajit Bhattacharya, MD, FACS\*, Adrian A. Maung, MD, MBA, FACS, FCCM\*, Grace Chang, MD\*, Uma Ramoutar, MD, Michael S Farrell, MD, MS\*, Marah Hamdan, MD, Yee Wong, MD\*, Ryan Deci, DO, Luis G. Fernandez, MD, KHS, KCOEG, FACS, FASAS, FCCP, FCCM, FICS\*, Brandi Pero, BSN RN CCM, Carlos H. Palacio, MD, FACS\*, Juan Garcia, MD FACS, Andrew Riggie, MD\*, Simin Golestani, MD\*, Joshua C. Dilday, DO\*, April Miller, DO, Luis R. Taveras, MD\*, Payton Grande, BS, Stephanie Scott, MD\*, Ryan P. Dumas, MD\*,  
Brody School of Medicine- East Carolina University

**Presenter:** Caitlin A. Fitzgerald, MD

**Discussant:** Michael Derickson, MD – Vanderbilt University Medical Center

**Objectives:** The management of traumatic low-grade (AAST grades I and II) colon injuries has evolved. Recent data suggests primary repair or resection over colostomy decreases morbidity and mortality. However, data comparing patients undergoing primary repair (PR) versus resection with anastomosis (RWA) are lacking. We hypothesized that patients presenting with low-grade colon injuries undergoing PR would have fewer post-operative complications than patients undergoing RWA.

**Methods:** This was a retrospective, multicenter analysis of all patients presenting with AAST grades I and II colon injuries to 32 Level 1 trauma centers from 2011 to 2021. Based on operative documentation, patients were dichotomized into two groups, those that underwent PR or RWA. Outcomes included length of stay (LOS), infectious complications, and mortality. Multivariate logistic regression was performed to determine the independent effect of operative technique on outcomes.

**Results:** A total of 2,022 patients met inclusion criteria for this study. Most were young (36 [24-44]), male (79.6%), and presented after penetrating trauma (58.2%). 1013 patients presented with a grade I injury while 1009 patients presented with a grade II injury. 1314 patients underwent PR and 708 underwent RWA. While there was no difference in ISS between PR and RWA, RWA was associated with more adverse outcomes (Table 1) including surgical site infections, suture line failure, and fascial dehiscence (all  $p < 0.001$ ). When controlling for mechanism of injury, AAST grade, ISS, and number of intra-abdominal injuries RWA was independently associated with more infectious complications (Table 2).

**Conclusions:** RWA was independently associated with more adverse outcomes including multiple infectious complications and longer hospital length of stay compared to PR suggesting that low grade colon injuries can be safely managed with PR alone.

<b>Table 1. Clinical variables and outcomes of entire study population (univariate analysis).</b>				
	<b>All Patients (n=2022)</b>	<b>Primary Repair (PR) (n=1314)</b>	<b>Resection with Anastomosis (RWA) (n=708)</b>	<b>p-value</b>
Age (mean ± SD)	35.6 ± 14.8	36.4 ± 15.0	34.3 ± 14.3	0.002
Male	1602 (79.6)	1041 (79.5)	561 (79.8)	0.9
Penetrating Mechanism	1172 (58.2)	682 (52.1)	491 (69.7)	< 0.001
Systolic Blood Pressure (mmHg)	123 [105-141]	124 [107-142]	120 [102-140]	0.002
Heart Rate	102 [83-114]	99 [83-115]	109 [82-113]	0.2
Injury Severity Score	19 [9-26]	19 [9-27]	18 [9-25]	0.7
Massive Transfusion Protocol	449 (22.2)	283 (21.5)	174 (24.6)	0.1
Other Intra-Abdominal Injuries (solid organ and other hollow viscus)				
1	407 (20.1)	282 (21.5)	125 (17.7)	0.04
2-3	1334 (66.0)	863 (65.7)	483 (68.2)	0.2
>4	281 (13.9)	169 (12.9)	100 (14.1)	0.4
AAST Grade				
I	1013 (50.1)	854 (65)	159 (22.5)	< 0.001
II	1009 (49.9)	460 (35)	549 (77.5)	< 0.001
Sepsis	130 (6.4)	67 (5.1)	63 (8.9)	< 0.001
Superficial Surgical Site Infection	102 (5.2)	46 (3.6)	56 (8.3)	< 0.001
Deep Surgical Site Infection	87 (4.5)	38 (3)	49 (7.3)	< 0.001
Organ Space Infection	132 (6.8)	49 (3.8)	83 (12.3)	< 0.001
Suture Line Failure	67 (3.3)	23 (1.8)	44 (6.2)	< 0.001
Fascial Dehiscence	87 (4.3)	41 (3.1)	46 (6.5)	< 0.001
Enterocutaneous Fistula Development	30 (1.5)	11 (0.8)	19 (2.7)	0.001
Hospital Length of Stay (days)	16 [6-19]	16 [6-18]	18 [7-21]	< 0.001
Mortality	108 (5.3)	66 (5)	42 (5.9)	0.4

Table 1. Clinical variables and outcomes of entire study population (univariate analysis).

<b>Table 2. Infectious complications compared by repair method (multivariate analysis).</b>			
	<b>Adjusted Odds Ratio (PR vs RWA)</b>	<b>95% Confidence Interval</b>	<b>p-value</b>
Surgical Site Infection (composite)	0.51	[0.38-0.68]	< 0.001
Superficial Surgical Site Infection	0.61	[0.39-0.95]	<0.03
Deep Surgical Site Infection	0.51	[0.31-0.83]	0.006
Organ Space Infection	0.49	[0.33-0.73]	<0.001
Unplanned Return to the OR	0.74	[0.53-1.02]	0.06
Unplanned Return to the ICU	0.73	[0.47-1.15]	0.17

Table 2. Infectious complications compared by repair method (multivariate analysis).

## Scientific Session VI

Paper #25  
January 17, 2025  
7:50 am

### WHERE DOES CRYOPRECIPITATE FIT INTO BALANCED RESUSCITATION? AN EVALUATION OF 2,117 HEMORRHAGING PATIENTS UTILIZING VISCOELASTIC-BASED RESUSCITATION

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**Presenter:** Jan-Michael Van Gent, DO

**Discussant:** Mary Stuever, DO – Landstuhl Regional Medical Center

**Objectives:** Empiric cryoprecipitate (Cryo) administration has recently failed to show survival benefit in hemorrhaging trauma patients. However, a recent TQIP query suggested a survival benefit in massive transfusions (MT) when administering one unit of Cryo to every 7-8 units of red blood cells (RBC). We describe transfusion ratios when Cryo was indicated by viscoelastic testing (VET) and evaluated whole blood's (WB) impact on this ratio.

**Methods:** Adult trauma patients admitted from 07/2017-12/2021 who received emergency-release blood products prehospital or in the ED were included. Patients who died within 60 minutes were excluded. MT patients received arrival VET, which was repeated serially while on MT protocol. Cryo transfusion was based on VET results. Blood component ratios were calculated for RBC, plasma, platelets, and Cryo in the first four hours of resuscitation. Each WB unit was counted as 1 RBC, 1 plasma, and 0.17 units of platelets. Outcomes were evaluated based on blood component ratios. Patients receiving WB were compared to patients who only received blood components (COMP). 30-day survival was evaluated for included patients.

**Results:** 2,117 patients were included. Overall, the median age was 37 years (25, 55), 74% were male, 37% were white, and 67% sustained blunt trauma. Overall survival was 77%. The median 4-hour RBC:plasma:platelet:cryo ratio was 9: 9.5: 1.3: 1. Patients who received WB did not require Cryo until later in their resuscitation (TABLE).

**Conclusions:** When using VET to guide resuscitation for hemorrhage, Cryo transfusion occurred after 9 units of RBC:plasma. Survivors received Cryo at lower ratios and those who received WB did not require Cryo until later. For centers that don't use VET, Cryo transfusion after 7 units of RBC:plasma and after 10 units of a WB based resuscitation should be considered.

	<b>All patients (n=2117)</b>	<b>WB (n=1228)</b>	<b>COMP (n=889)</b>	<b>p-value</b>
<b>4-hr RBC: plasma: platelets: cryo</b>	<b>9: 9.5: 1.3: 1</b>	<b>10: 9.5: 1.7: 1</b>	<b>7: 6: 1: 1</b>	<b>0.008</b>
	<b>All patients (n=2117)</b>	<b>Survivors (n=1630)</b>	<b>Non-survivors (n=487)</b>	<b>p-value</b>
<b>4-hr RBC: plasma: platelets: cryo</b>	<b>9: 9.5: 1.3: 1</b>	<b>6.5: 6.5: 1.7: 1</b>	<b>11.5: 11.5: 1.1: 1</b>	<b>&lt;0.001</b>

Observed cryoprecipitate ratios based on resuscitation type and outcome

## Scientific Session VI

Paper #26  
January 17, 2025  
8:10 am

### A MORE TARGETED EMBOLIZATION STRATEGY IN BLUNT SPLENIC TRAUMA REDUCES PROCEDURAL VOLUME WITHOUT INCREASING RATES OF DELAYED SPLENECTOMY

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**Presenter:** Amanda Marsh, MD

**Discussant:** Rishi Rattan, MD – Legacy Emanuel Medical Center

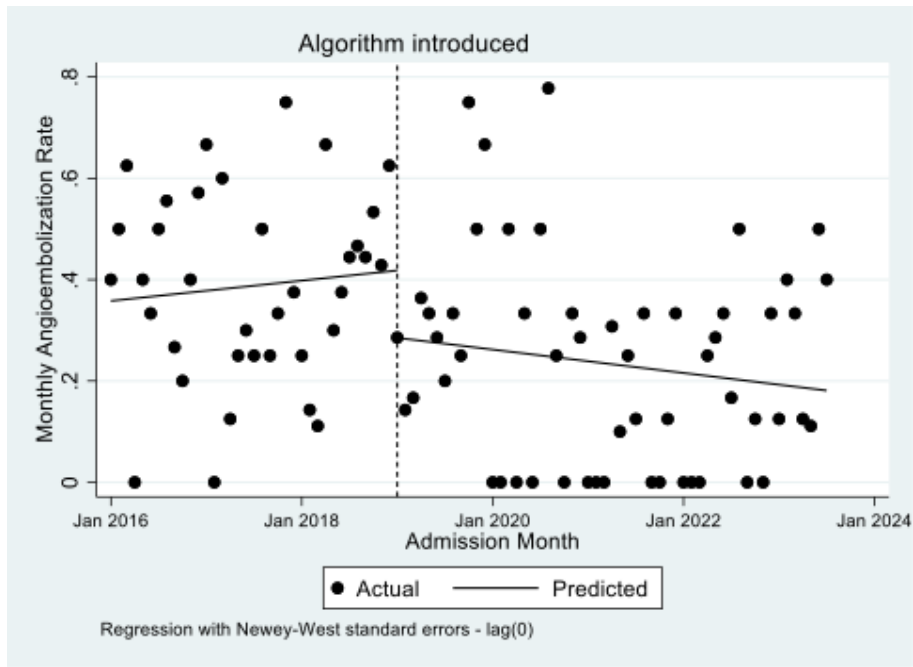
**Objectives:** The role of splenic angioembolization (SAE) in blunt splenic injury (BSI) has evolved. Revision of the AAST BSI classification scheme and increased quality of CT scan may now identify injuries that no longer benefit from SAE. We revised our BSI algorithm to use SAE only for high-risk findings (pseudoaneurysms <10 mm, moderate to large hemoperitoneum, parenchymal injury > 3 cm). We hypothesized this would reduce the use of SAE without increasing failure rates of non-operative management.

**Methods:** We reviewed hemodynamically stable patients with AAST Grade II-V BSI on initial contrast CT scan. We excluded patients who had urgent splenectomy. An interrupted time-series analysis was performed with a cutoff of 1/2019 (when the algorithm was introduced) spanning 3 years before and 5.5 years after (PRE vs POST). The primary outcomes of interest were rates of SAE and splenectomy >24 hours after admission.

**Results:** A total of 274 individuals were in the PRE group versus 333 in the POST group. The overall rate of SAE decreased from 38% to 23% ( $p=0.002$ ) after algorithm implementation without a significant change in rates of delayed splenectomy (PRE 5.7% vs POST 6.7%  $p=0.66$ ). Controlling for mean AAST Grade and rate of CT-proven pseudoaneurysm per month, fitted time trends in SAE in the PRE and POST periods (Figure) demonstrate a sharp decline in the SAE rate ( $p < 0.001$ ).

**Conclusions:** A conservative approach to the use of selective angioembolization for BSI leads to a reduction in SAE without increasing failure rates. Future research should evaluate even more conservative use of SAE while better defining which high-risk features are mitigated by SAE.





Trends in splenic angioembolization for blunt splenic trauma after introduction of algorithm for high-risk features.

## Scientific Session VI

Paper #27  
January 17, 2025  
8:30 am

### PERCUTANEOUS PIGTAIL CATHETER VERSUS CHEST TUBE FOR THE TREATMENT OF PEDIATRIC TRAUMATIC HEMOTHORAX: AN EAST MULTICENTER STUDY

Alice Martino, MD, Laura F. Goodman, MD, MPH\*, John Schomberg, PhD, Van Hoang, MS, Jason D. Sciarretta, MD, FACS\*, Mari Freedberg, MD MS\*, Adora Tricia Santos, DO\*, Sharven Taghavi, MD, MPH, MS, FACS\*, Martin Tafazoli, MD, David V. Shatz, MD\*, Kathleen Doyle, MD, Samantha Koenig, MD, Robert Russell, MD, MPH, V. Christian Sanderfer, MD, Samuel Wade Ross, MD, MPH\*, Lawrence Willis, MD, Regan Williams, MD, MSE\*, Meera Kotagal, MD, MPH\*, Stephen Hartman, MD, Deidre Wyrick, MD\*, Derek Krinock, MD, Nicholas Namias, MBA, MD\*, Connor Shatz, MD, Ryan Spurrier, MD, MaKayla O'Guinn, DO, R. Scott Eldredge, MD, David Notrica, MD, Michael S Farrell, MD, MS\*, Elizabeth Hughes, MD, Allison G. McNickle, MD, FACS\*, Allison Frederick, MD, Christian J. Streck, Jr., MD\*, Roseanna Guzman-Curtis, MD, MPH\*, Alexandra Dimmer, MD, MSc, Ju-Lin Wang, MD\*, Isabella Armento, BS, Shea Gallagher, MD, Matthew J. Martin, MD, FACS, FASMBS\*, Oliver B. Lao, MD, MPH\*, Kelsey Palladino, MPH, BSN, RN, Thomas K. Duncan, DO, FACS, FICS\*, Graal Diaz, PhD, MSN, MA, Stephanie Chao, MD, Meagan Peterson, MD, MPH, David Darcy, MD, Matthew Byrne, MD\*, Francesk Mulita, MD, MSc, PhD, Vasileios Mousafeiris, MD, MSc, Arturo Aranda, MD, Rodrigo G Gerardo, MD\*, Daniel C. Cullinane, MD\*, Christopher Turner, MD, MPH\*, Claudia Alvarez, MD, Sara Edwards, MD, MS, Raul Coimbra, MD, PhD, FACS\*, Lucas Neff, MD, Jessica Rauh, MD, Jessica Keeley, MD\*, Hye Kwang Ezra Kim, B.S.\*, Christopher Fisher, MD\*, Priya Patel, MD, Victoriya Staab, MD, Charles Lu, DO, Utsav Patwardhan, MD, Romeo Ignacio, MD, MS, MPath, Andrei Radulescu, MD, PhD, Georgi Mladenov, MD, Patrick Bonasso, MD, MBA, Daniel Regier, MD, Patricio Lau, MD\*, Samantha Troncoso-Munoz, BSN, RN, Alana Beres, MD, MPH, Stephanie Papillon, MD, Amanda Carlson, MD\*, Dave Bhattacharya, MD, Alexander Urevick, MD, Brianna Holcomb, MA, DO, Shannon L Castle, MD, FACS, FAAP \*, Umar Bhatti, MD, Eric Ley, MD, Peter Ehrlich, MD, MSc, H BSc\*, Nikhil Shah, MD, Jeffry Nahmias, MD, MHPE, FACS, FCCM\*  
Children's Hospital Orange County

**Presenter:** Alice Martino, MD

**Discussant:** LeAnne S. Young, MSN, RN, TCRN – Texas Children's Hospital

**Objectives:** Small percutaneously placed pigtail catheters (PC) for traumatic hemothorax (HTX) are safe and effective in adults but have yet to be evaluated in children. We hypothesized PC would have similar efficacy and complication rates compared to chest tubes (CT).

**Methods:** A retrospective study of hemodynamically stable pediatric trauma patients (<18 years) with HTX or hemopneumothorax (HPTX) was conducted at 41 trauma centers (01/2010-12/2022). Catheter failure was defined as a requirement for surgery or second procedure, additional tube placement, or use of thrombolytics. Multivariable logistic regression analysis adjusting for age, sex, mechanism of injury, and injury severity score (ISS) was used to evaluate the associated risk of failure for PC vs CT.

**Results:** Of 548 patients, 477 had CT and 71 PC. Median age (CT: 15.7 vs PC: 15.6,  $p=0.49$ ) and ISS (CT: 17 vs PC: 16,  $p=0.17$ ) were similar between cohorts. Penetrating trauma patients more often received CTs (62.6 vs 35.2%,  $p<0.0001$ ). Failure rate was similar between CT vs PC (16.1 vs 12.6%,  $p=0.56$ ). Catheter-related complication (CRC) rate (acute respiratory distress, effusion, empyema, pneumonia) was similar between groups ( $n=32$ , 6.7%, vs  $n=7$ , 9.8%,  $p=0.32$ ). Odds of CRCs were not increased in the PC group (OR 1.03, 95% CI 0.96-1.09,  $p=0.34$ ) on multivariable analysis. Catheter dwell time, length of stay (LOS), and intensive care LOS were similar between cohorts (all  $p>0.05$ ). Logistic regression analysis revealed use of PC was not associated with the risk of failure (OR 0.96, CI 1.01-1.21,  $p=0.48$ ). There was an increased risk of failure with ISS>15 (OR 1.07, CI 1.0-1.14,  $p=0.02$ ).

**Conclusions:** There was no difference in the risk of failure between PC and CT for pediatric HTX/HPTX, and no difference in associated risk of complications after adjustment for confounders. PC has similar safety and efficacy compared to larger bore CT.

<b>Table 1: Logistic Regression Model Predicting Catheter Failure in Hemothorax Patients</b>				
	Odds Ratio	95% Confidence Interval		p-value
Age < 15 years	0.94	0.88	1.00	0.07
Male sex	0.96	0.89	1.03	0.31
Penetrating injury	1.03	0.96	1.10	0.30
ISS > 15	1.07	1.00	1.14	0.02
Percutaneous catheter placement	0.97	0.89	1.06	0.55

<b>Table 2: Logistic Regression Model Predicting Catheter Related Complication in Hemothorax Patients</b>				
	Odds Ratio	95% Confidence Interval		p-value
Age < 15 years	0.96	0.92	1.01	0.16
Male sex	0.97	0.92	1.02	0.36
Penetrating injury	0.91	0.87	0.96	0.0002
ISS > 15	1.07	1.02	1.11	0.001
Percutaneous catheter placement	1.03	0.96	1.09	0.34

Logistic regression models predicting catheter failure and catheter-related complications in hemothorax patients

ISS: injury severity score

## Scientific Session VI

Paper #28  
January 17, 2025  
8:50 am

### ALL ABOUT THE ASIA A'S: A SUB ANALYSIS OF THE EAST MAP MULTICENTER TRIAL

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OhioHealth Grant Medical Center

**Presenter:** Aimee LaRiccia, DO

**Discussant:** Rondi Gelbard, MD – University of Alabama at Birmingham

**Objectives:** Treatment of blunt traumatic spinal cord injuries (SCI) focuses on post injury mean arterial pressure augmentation (MAP) regardless of the severity of neurologic deficits. A complete SCI is characterized as ASIA A. We compared SCI patients with an ASIA A on hospital day (HOD) 1 to other injury severities to better understand outcomes.

**Methods:** Twenty level I and II institutions participated in a prospective observational multicenter trial with data collection from 10/2021-3/2024 including patients > 18 years old with blunt SCI. HOD 1 ASIA A was compared to HOD 1 ASIA B-E for injury specifics and demographics. Subgroup analysis of ASIA A patients was also completed between two cohorts: improvement vs no improvement.

**Results:** 256 patients had both HOD 1 ASIA and discharge ASIA scores; of those 68 (26.6%) had an ASIA score of A on HOD 1. Compared to HOD 1 ASIA B-E, HOD 1 ASIA A's were significantly younger (45.8 vs 58.1 p < 0.001) and had increased mortality (18.5% vs 4.9% p < 0.001). ASIA A SCI patients had longer median duration of MAP treatment (96.3 vs 94.7 hours, p = 0.023) but spent less percentage of their treatment time at a goal MAP of 85 mmHg (66.1% vs 73.9% p = 0.003). However, there was no observed difference in improvement based on HOD 1 ASIA score (23.5% HOD 1 ASIA A vs 25.1% HOD 1 ASIA B-E, p = 0.79) (Table 1). The ASIA A patient's that improved had significantly lower ISS (24.3 vs 33.6, p = 0.035) and a higher percentage of Neurosurgical operative intervention (100% vs 75%, p = 0.026). ASIA A patients that improved spent an increased percentage of time at goal MAP of 85 mmHg during treatment but that difference failed to reach significance (70.6% vs 64.8%, p = 0.78) (Table 2).

**Conclusions:** HOD 1 ASIA A patients were younger and had increased mortality compared to all others. ASIA A improvement was associated with a lower ISS and Neurological intervention not MAP treatment specifics.

	All Combined N = 256	HOD 1 ASIA A. N = 68	HOD 1 ASIA B-E N = 188	P-value
<b>Demographics</b>				
Age mean (SD)	54.9 (19.1)	45.8 (19.8)	58.1 (17.8)	<0.001*
Male Sex N, (%)	186 (72.7%)	45 (66.2%)	141 (75%)	0.16
Hospital Transfer N,(%)	64 (25.6%)	12 (18.2%)	52 (28.3%)	0.11
Hospital Length of Stay mean (SD)	22.6 (72.8)	21.7 (16)	22.9 (84.3)	0.001*
Ventilator days mean (SD)	5.3 (13.2)	9.2 (13.5)	3.8 (12.8)	<0.001*
Mortality N, (%)	21 (8.4%)	12 (18.5%)	9 (4.9%)	<0.001*
<b>Mechanism of injury N, (%)</b>				
Fall	122 (48%)	24 (35.3%)	98 (52.75)	0.08
Motor Vehicle Accident	75 (29.5%)	25 (36.8%)	50 (26.9%)	
Motor Cycle Accident	12 (4.7%)	6 (8.8%)	6 (3.2%)	
Pedestrian Struck	8 (3.1%)	3 (4.4%)	5 (2.7%)	
Assault	4 (1.6%)	2 (2.9%)	2 (1.1%)	
Other	33 (13%)	8 (11.8%)	25 (13.4%)	
<b>Injury Specifics mean (SD)</b>				
Injury Severity Score	24.1 (13.7)	31.6 (14.8)	21.3 (12.2)	<0.001*
AIS head	2.5 (1.3)	2.7 (1.4)	2.4 (1.3)	0.38
AIS C-spine	4.2 (5)	5.5 (9.7)	3.7 (0.80)	<0.001*
AIS T-spine	3.4 (1.5)	4.1 (1.4)	3.0 (1.5)	0.002
AIS L-spine	2.5 (1.4)	2.8 (1.5)	2.4 (1.3)	0.3
<b>Treatment Specifics</b>				
MAP treatment duration in Hours (median)	96	96.3	94.7	0.023*
% Time at Goal MAP > 85 mmHg mean (SD)	71.9 (24.3)	66.1 (23.6)	73.9 (24.3)	0.003*
Neurosurgical Intervention N, (%)	203 (79.3%)	55 (80.9%)	148 (78.7%)	0.71
ASIA Improvement at Discharge N, (%)	63 (24.7%)	16 (23.5%)	47 (25.1%)	0.79
<b>Discharge Disposition N, (%)</b>				
Home	42 (16.9%)	5 (7.8%)	37 (20%)	0.008*
Inpatient Rehabilitation	142 (57%)	35 (54.7%)	107 (57.8%)	
Long Term Care Facility	22 (8.8%)	7 (10.9%)	15 (8.1%)	
Skilled Nursing Facility	23 (9.2%)	6 (9.4%)	17 (9.2%)	

Table 1: Demographics, injury specifics and outcomes of HOD 1 ASIA A vs all others

	Improvement N = 16	No Improvement N = 52	P- value
Injury Severity Score mean (SD)	24.3 (7)	33.6 (15.7)	0.035*
% Time at Goal MAP > 85 mmHg mean (SD)	70.6 (14.3)	64.8 (25.6)	0.78
Neurosurgical intervention N, (%)	16 (100%)	39 (75%)	0.026*
Duration Treatment Time in Hours median [IQR]	102 [679, 2191]	96 [106, 60]	0.55
Arrival Lactate mean (SD)	2 (1.4)	2.4 (1.4)	0.49
Arrival pH mean (SD)	7.4 (0.07)	7.3 (0.12)	0.26
Mortality N, (%)	0 (-)	12 (24.5%)	0.028*

Table 2: HOD 1 ASIA A patients compared in 2 cohorts: improvement vs no improvement

## Scientific Session VI

Paper #29  
January 17, 2025  
9:10 am

### IMPROVING THE READABILITY OF PATIENT EDUCATION MATERIALS ON TRAUMATIC INJURIES USING CHATGPT

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University of Texas Southwestern Medical Center

**Presenter:** Bahaa Succar, MD

**Discussant:** Laura Brown, MD, PhD – University of Illinois College of Medicine Peoria

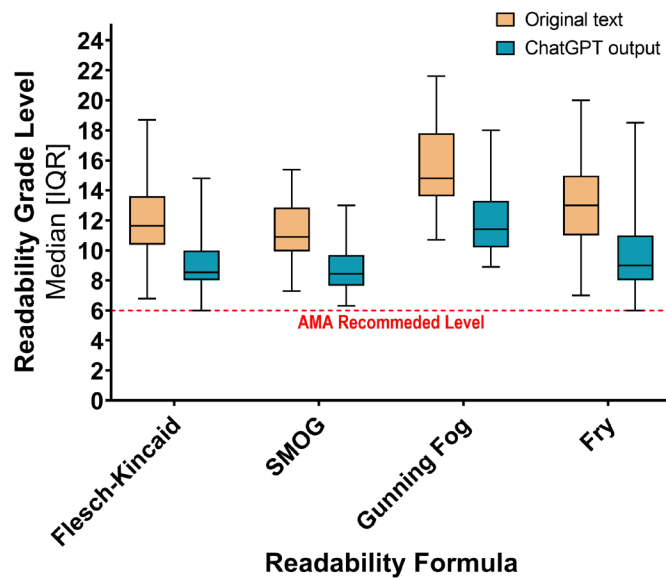
**Objectives:** Online health information is increasingly vital for patient education. However, the readability of online material often exceeds the recommended reading level set by the American Medical Association (AMA), limiting accessibility. In this study, we investigate the use of a large language model (LLM) to improve the readability of public-facing content on traumatic injuries.

**Methods:** Text from all patient education webpages across national trauma organizations' websites was collected. Each webpage provided information regarding common types of traumatic injuries and measures for injury prevention. ChatGPT 3.5 was tasked to improve the readability of the original texts. Four readability measures (SMOG, Gunning Fog, Flesch-Kincaid, and Fry) were used to assess the readability level of the original texts and ChatGPT outputs. Mean and median readability scores were calculated for each measure across webpages to compare the ChatGPT outputs with the original texts.

**Results:** A total of 51 webpages underwent readability analysis. The mean readability score of original texts across the four measures was 13, corresponding to a grade-level of a college freshman. Zero out of 51 webpages adhered to the AMA recommendation of presenting patient education materials at a grade 6 reading level. Upon rewriting the webpage content, ChatGPT significantly improved the mean readability to a grade level of 9 ( $p < 0.001$ ), the equivalent to a high school freshman. The figure illustrates the medians and ranges for original texts and ChatGPT outputs across the four scales. Moreover, after ChatGPT revision, 4/51 webpages (8%) met the AMA recommended grade level on at least one of the readability scales.

**Conclusions:** Our study demonstrates the potential of ChatGPT in improving the readability of trauma-related patient education materials. Future endeavors should further explore the capacity of LLMs to ensure equitable access to such resources.

### Readability of OnlineTrauma Educational Materials Using Four Readability Scales



Box and Whiskers plot illustrating the medians and ranges for both original texts and ChatGPT outputs across the four scales.

$P < 0.001$  on the Wilcoxon signed-rank test

## Scientific Session VII

Paper #30  
January 17, 2025  
7:30 am

### UNDERSTAFFED AND OVERWORKED: THE STARK REALITY OF ACUTE CARE SURGEON STAFFING IN THE UNITED STATES: AN EAST MULTI-CENTER STUDY

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ACS Staffing Study Group  
Medical College of Wisconsin

**Presenter:** Patrick B. Murphy, MD, MPH, MSc

**Discussant:** Alicia R. Privette, MD – Medical University of South Carolina

**Objectives:** Right-sizing the workforce to clinical demand requires a balance of work intensity, productivity and a definition of clinical full-time equivalent (cFTE). We hypothesized a shortage of acute care surgeons based on a 204 shift/year (avg 17/month) definition of a 1.0 cFTE established in our prior mixed-methods study (2 service weeks + 5 call / month).

**Methods:** This multicenter study used mixed-methods, integrating clinical schedules (01/01/22-12/31/22), work relative value units (wRVU), and qualitative insights from semi-structured interviews (7/23–6/24). Schedules were converted to shifts (8-14hrs). Hospitals were short-staffed when shift demand exceeded supply based on each surgeon's cFTE. Interviews explored clinical demand and staffing challenges. Descriptive analysis and a deductive-inductive thematic analysis were performed.

**Results:** Forty Level I/II hospitals representing 373 acute care surgeons (258 cFTEs) from 25 states were included. 78% of hospitals were short-staffed (Figure 1). Compared to well-staffed hospitals, short-staffed hospitals had fewer cFTEs ( $6.6 \pm 2$  v.  $9.2 \pm 3$ ,  $p < 0.006$ ), a higher demand for clinical work ( $1958 \pm 545$  v.  $1654 \pm 570$  shifts,  $p = 0.16$ ) and a higher wRVU/cFTE ( $8902$  v.  $7488$ ,  $p = 0.12$ ). The aggregate clinical demand exceeded available surgeon capacity by 20% overall. Based on volume, a 1.0 cFTE is needed for every 289 (IQR 152,  $R^2 = 0.66$ ) trauma admissions. There was a deficit of 74 cFTEs across the centers. Key themes are outlined in Table 1.

**Conclusions:** There appears to be a shortage of acute care surgeons in the USA when a definition of 204 shifts/year clinical FTE is applied. Hospitals face significant financial and administrative barriers to workforce expansion despite the overabundance of clinical volume. Future research is needed to ascertain the effects of expanding the existing workforce on both clinical outcomes and surgeon wellbeing.



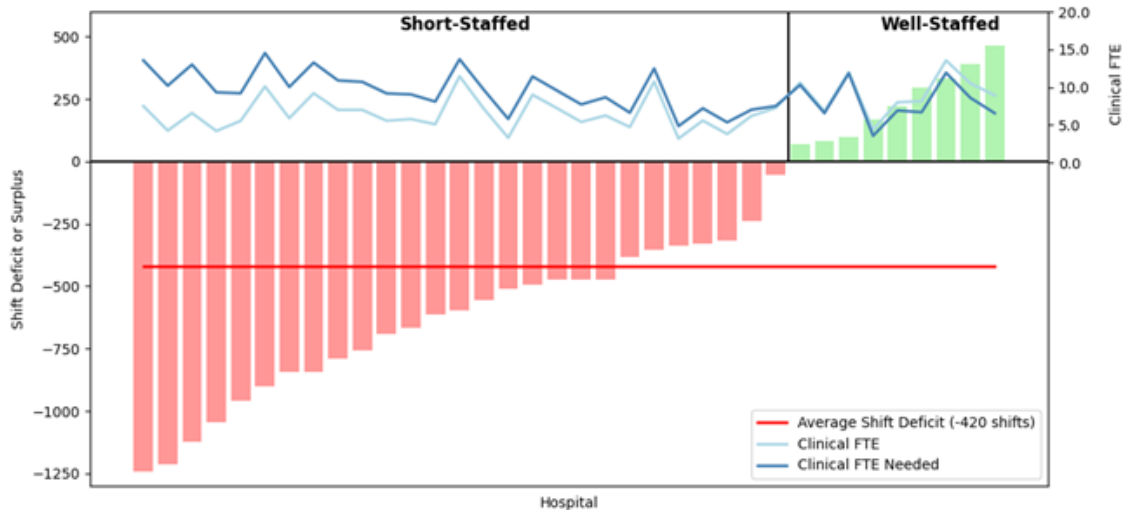


Figure 1: Bar graph of clinical shift deficit (red) or surplus (green) per hospital (01/01/2022-12/31/2022) and line graph of clinical full-time equivalents (1.0 cFTE = 204 shifts/year) compared to needed cFTEs. There is a shortage of 420 shifts (red line) or 2.1 cFTE per hospital on average.

Key Theme	Supporting Quote(s)
<b>Balancing intensity / efficiency</b>	<p><i>"Yeah, we don't [balance intensity]. We don't weigh it in any way. It is basically a shift as a shift, as a shift."</i></p> <p><i>"Just try to do the accounting and make everyone equal at the end of the year. Everyone did kind of the same amount of weeks, because that's a natural way"</i></p>
<b>Staffing for unpredictable clinical demand</b>	<p><i>"Other industries budget 80%, so that they can have a 20% flex capability. You have to look at the clinical workload then you ramp up the clinical workload by 20% and see what you need for that."</i></p> <p><i>"I think we'll reach a point where the nights are busy enough that we need a second person in house. The backup from home seems to be working for us and you have nights where you don't get called. You have other nights where you end up there all night, but not frequently enough where we feel like we need a second person for those things. We're trying to really gauge it by the volume trends"</i></p>
<b>Value and Financial Challenges</b>	<p><i>"I think the biggest challenge is understanding our roles and responsibilities, and the value that we bring to the institution. "</i></p> <p><i>"Acute care surgery are like firefighters. You don't pay firefighters to show up when there's a fire. You pay firefighters to stay in shape, stay proficient, stay competent to be able to do the things they need."</i></p> <p><i>"And see, part of the problem is that a lot of people are still reporting to their department chairman, and the department chairman is an RVU person. I don't report to Department Chairman."</i></p>

Table 1: Qualitative themes from 40 semi-structured interviews with surgeon leadership

## Scientific Session VII

Paper #31  
January 17, 2025  
7:50 am

### **THE MISSING PERSPECTIVE IN THE REGIONALIZATION DEBATE: EVALUATING PATIENT PREFERENCES FOR LOCAL VERSUS REGIONAL EMERGENCY GENERAL SURGERY CARE**

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Anaar Siletz, MD, PhD\*, Kazuhide Matsushima, MD\*,  
Kenji Inaba, MD, Matthew J. Martin, MD, FACS, FASMBS\*  
Los Angeles General Medical Center

**Presenter:** Patrick K. McGillen, MSc, MD

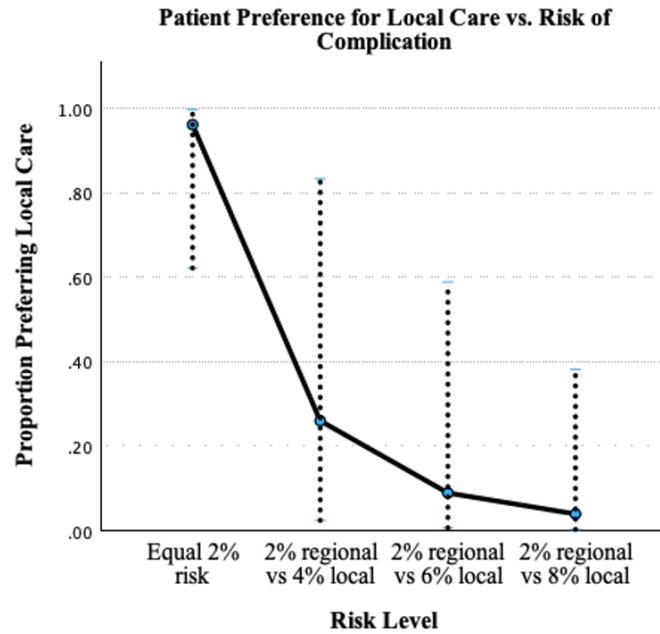
**Discussant:** Joseph Posluszny, MD – University Hospitals Cleveland/Case Western Reserve University SOM

**Objectives:** Regionalization of emergency general surgery (EGS) care is thought to enhance outcomes for certain populations and diseases but may not align with patient preferences and risk tolerances for adverse outcomes. We aimed to evaluate EGS patient preferences for local vs. regional EGS care across varying levels of risk.

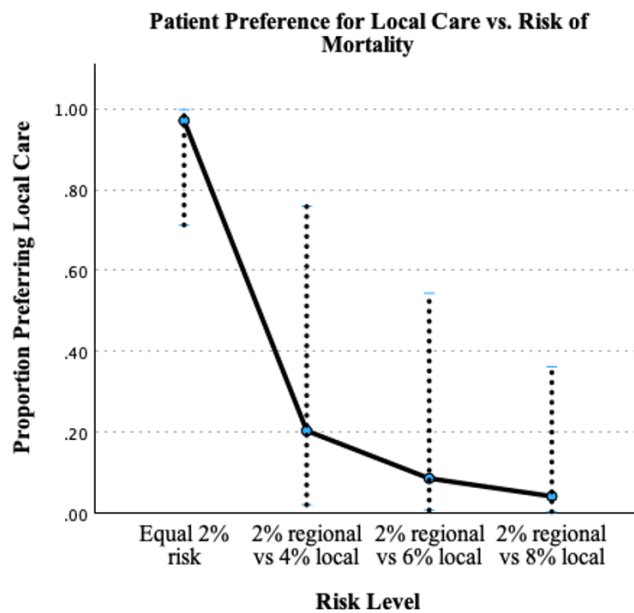
**Methods:** Structured surveys and risk assessments of EGS patients were performed. Preferences for local vs. regional care were quantified using a modified standard gamble utility assessment to determine the additional adverse outcome risks acceptable to patients. A mixed model regression identified predictors influencing willingness to accept increased risks with local care.

**Results:** Out of 121 gamble utility assessments, the majority preferred local care over regional transfer when operative complication (93%) and mortality risks (94%) were equivalent. When complication and mortality risk was 2% higher, 36% and 28% still preferred local care. At 6% increased risk, 14% and 12% still favored local care. Regression modeling demonstrated that higher local complication and mortality risks decreased patient preference for local care ( $F = 22.4, p < .001$ ;  $F = 22.6, p < .001$ ), while factors like age and surgery during hospital stay showed no significant effects. Patients weighed mortality risks more heavily than complication risks when deciding between local or regional care. Variability in preferences suggested these differences were not captured by demographic, socioeconomic, and clinical variables.

**Conclusions:** Patients preferred local care over distant transfer at equivalent morbidity and mortality risks, and a significant proportion preferred local care even with increased risk of morbidity and mortality. These findings underscore the importance of incorporating individual patient preference and risk tolerance in discussions of regionalizing EGS care.



Modeled estimated marginal means of patient preferences for local care as operative complication risk increases, with each point representing preferences at risk increments of 0%, 2%, 4%, and 6% relative to the distant regional center.



Modeled estimated marginal means of patient preferences for local care as operative mortality risk increases, with each point representing preferences at risk increments of 0%, 2%, 4%, and 6% relative to the distant regional center.

## Scientific Session VII

Paper #32  
January 17, 2025  
8:10 am

### **AIR MEDICAL TRANSPORT FOR EMERGENCY GENERAL SURGERY TRANSFERS: WHEN IS THE HELICOPTER FASTER?**

David Silver, MD, MPH, David Silver, MD, MPH, Liling Lu, MS,  
Vanessa P. Ho, MD, MPH, PhD, FACS\*, Arnav Mahajan, MB BCh BAO\*, Sebastian Boland, MD,  
Tamara Byrd, MD, Kevin Li, BS, Jamie Beiriger, BS, Francis X. Guyette, MD, MPH,  
Andrew B. Peitzman, MD\*, Matthew Neal, MD, Joshua B. Brown, MD, MSc, FACS\*  
University of Pittsburgh Medical Center

**Presenter:** David Silver, MD, MPH

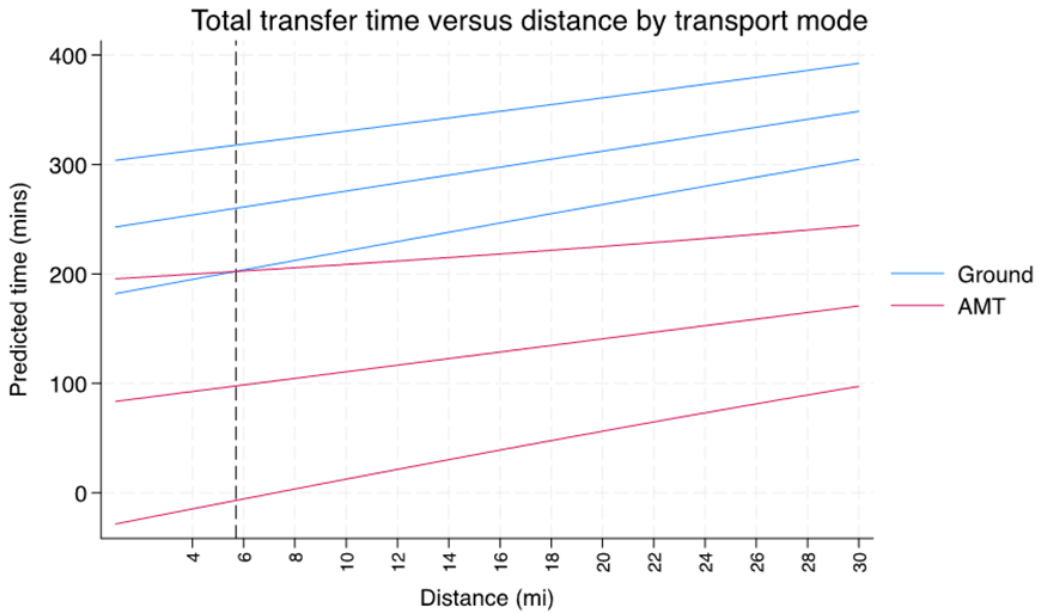
**Discussant:** Michael McGonigal, MD – Regions Hospital

**Objectives:** Delayed interfacility transport for emergency general surgery (EGS) is detrimental. Use of air medical transport (AMT) in EGS is not well described. We aimed to characterize EGS patients undergoing AMT and identify when AMT is faster than ground transport.

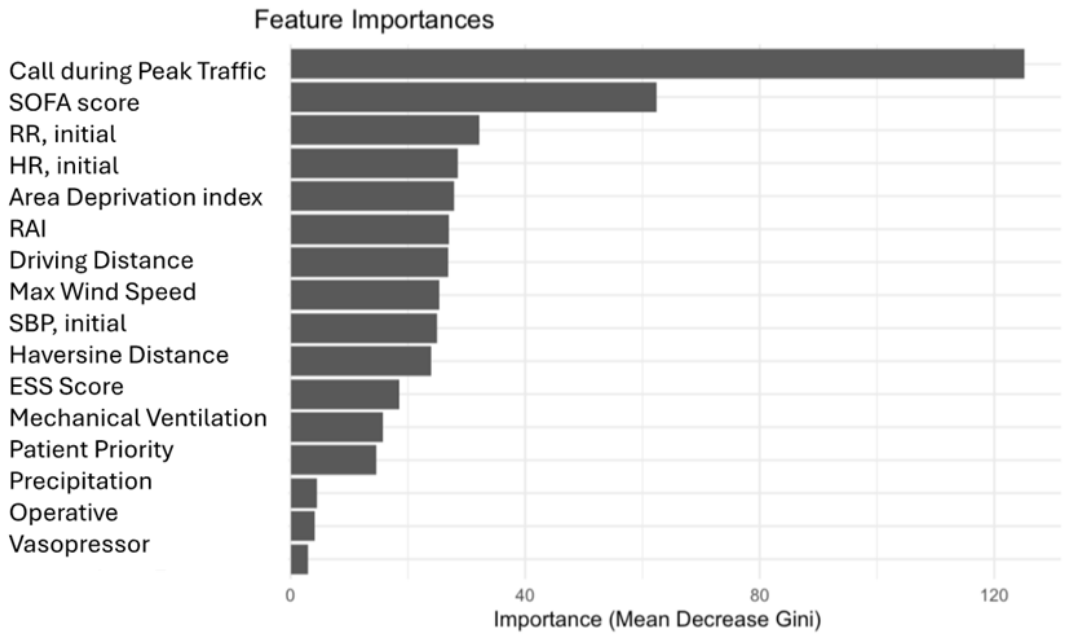
**Methods:** We retrospectively analyzed EGS patients transferred to our quaternary center Jan 2021-Dec 2023. GIS calculated transport distance. Linear regression determined the association between total transfer time and transport distance. We identified the distance threshold where the 95%CI of AMT did not overlap with ground transport. We stratified our analysis by weather (clear vs. adverse) and peak traffic times. Random forest models were used to assess variable importance in AMT utilization. We also tested the interaction of transfer center assigned priority.

**Results:** 1,713 patients were included, with 452 (26%) undergoing AMT. AMT patients were older, frailer, with higher unadjusted mortality (28% vs. 7%). AMT patients traveled 14 miles further with a total transfer time nearly 1 hour shorter than ground transport (195 vs 137 min,  $p=0.001$ ). AMT became faster than ground transport at 5.7 miles (Fig 1). This threshold increased to 7.2 miles during adverse weather and 9.1 miles during peak traffic. During both adverse weather and peak traffic, the threshold extended to 14.8 miles. Predictors of AMT utilization included peak traffic and SOFA score (Fig 2). Accounting for transfer center assigned priority increased the threshold to 17.4 miles.

**Conclusions:** AMT offers significant time-saving benefits over ground transport at specific distance thresholds, which vary across different conditions. These findings highlight the importance of considering environmental factors and patient acuity in planning interfacility transfers for EGS patients. Improved guidelines for AMT utilization in EGS patients can optimize resource allocation and enhance patient outcomes.



Total prehospital time versus distance by transport mode. Middle color line represents effect estimate bounded by 95% confidence interval for ground transport (blue) and air transport (red). Vertical dashed line represents point where the 95%CI no longer overlap.



Mixed-effects random forest feature Importance for prediction of AMT utilization

## Scientific Session VII

Paper #33  
January 17, 2025  
8:30 am

### SAFETY OF EARLY DIVERTING LOOP ILEOSTOMY REVERSAL AFTER SIGMOIDECTOMY WITH PRIMARY ANASTOMOSIS FOR PERFORATED DIVERTICULITIS

Rebecca Empey, MD, Joshua John Horns, PhD, Rupam Das, MS,  
Sarah R. Lombardo, MD, MSc\*, Marta McCrum, MD, MPH\*  
University of Utah

**Presenter:** Rebecca Empey, MD

**Discussant:** Jacinta Robenstine, MD – Oregon Health and Science University

**Objectives:** Increasing evidence supports sigmoidectomy with primary anastomosis (SPA) and diverting loop ileostomy (DLI) over Hartmann's procedure for perforated diverticulitis in stable patients. Prompt DLI reversal (DLIR) is often preferred by patients, however, optimal timing remains unclear. The objective of this study is to examine the association of DLIR timing with clinical outcomes and costs.

**Methods:** Retrospective analysis using National Readmissions Database (2010-2020) of all adults who underwent emergent SPA and DLI for perforated diverticulitis and subsequent elective DLIR. Timing of DLIR in days from discharge after SPA/DLI was categorized as early (< 25 percentile), middle (25-75 percentile), or late (>75 percentile). Multivariable regression was used to evaluate association of DLIR timing with post-operative complications, length of stay (LOS), and inpatient costs controlling for relevant patient and hospital characteristics.

**Results:** 5,757 patients were analyzed: 24% early DLIR (<61 days), 51.5% middle (61-115 days), and 24.5% late (>115 days). Late reversal patients had a higher proportion of public insurance, comorbidities, and incidence of complications after index SPA. After adjusting for competing patient and hospital characteristics, including comorbidities and complication after index SPA/DLI, odds of complication following DLIR was higher for middle (aOR 1.85, 95% CI 1.25-2.73) and late (aOR 3.59, 95% CI 2.4-5.38) groups compared to the early reversal. LOS and cost of DLIR admission was also increased in middle and late groups (Table 1).

**Conclusions:** Early DLIR after SPA for perforated diverticulitis is safe and associated with fewer post-operative complications, shorter LOS, and lower costs. Consideration should be given to early DLIR (6-8 weeks) after index SPA for appropriate patients.

Table 1: Association of diverting loop ileostomy reversal timing with outcomes and inpatient cost in multivariable analysis<sup>±</sup>

	Early Reversal (<60 days) N= 1,381	Middle Reversal (61-115 days) N= 2,963	Late Reversal (>115 days) N= 1,413
Complication* aOR (95% CI)	<i>reference</i>	1.85 (1.25-2.73) p<0.001	3.59 (2.4-5.38) p<0.001
Length of Stay for DLIR aIRR (95% CI)	<i>reference</i>	1.06 (0.99-1.33) p = 0.12	1.40 (1.26-1.56) p<0.001
Cost at DLIR \$USD (95% CI)	<i>reference</i>	+1,507.5 (726-2,289) p<0.001	+6,492 (4,550 – 8,434) p<0.001

<sup>±</sup>All models adjusted for age, sex, primary payer, comorbidities (history of myocardial infarction, congestive heart failure, chronic pulmonary disease, renal disease, peripheral vascular disease, diabetes, liver disease, cancer), hospital teaching status and bed size, and presence of complication following index sigmoidectomy.

\*Composite of: intra-abdominal abscess, anastomotic leak, bowel obstruction, ileus, dehydration, stoma prolapse

## Scientific Session VII

Paper #34  
January 17, 2025  
8:50 am

### **BALANCING SAFETY AND EFFICACY: ASSESSMENT OF A WEIGHT-BASED, ANTI-XA GUIDED ENOXAPARIN VENOUS THROMBOEMBOLISM PROPHYLAXIS DOSING STRATEGY FOR TRAUMATIC BRAIN INJURY PATIENTS**

Steven Atallah, PharmD, Benjamin Lee, PharmD, Andy Lo, PharmD, Christopher Limbo, PharmD, Jefferson W Chen, MD, Jeffry Nahmias, MD, MHPE, FACS, FCCM\*  
University of California Irvine

**Presenter:** Steven Atallah, PharmD

**Discussant:** Nimitt J. Patel, MD – MetroHealth Medical Center

**Objectives:** Patients with traumatic intracranial hemorrhage (ICH) are at high risk for venous thromboembolism (VTE) but are also prone to hemorrhagic progression. The efficacy and safety of weight-based, anti-Xa guided enoxaparin dosing for patients with ICH is unknown. We hypothesized that a weight-based, anti-Xa guided enoxaparin dosing will reduce VTE incidence without increasing ICH progression in traumatic brain injury (TBI) patients.

**Methods:** This was a retrospective pre-post, quasi-experimental study conducted at a single, academic, Level-I trauma center. Adult TBI patients admitted from December 2017 to May 2023 with ICH identified on computed tomography (CT) imaging who received at least 24 hours of chemoprophylaxis were included. A weight-based, anti-Xa guided enoxaparin arm was compared to fixed doses of enoxaparin 40 mg daily or unfractionated heparin 5000 units two-three times daily. Treatment groups were compared using a 1:1 propensity-score model (PSM), which matched for demographics, and injury profile (Table 1).

**Results:** Of 831 included patients, 281 PSM matched cohorts were compared. A significantly lower incidence of VTE was observed in the anti-Xa guided cohort (2.1% vs 6.1%;  $p=0.019$ ) while radiographic ICH progression was equivalent between the two cohorts (3.9% vs 3.9%;  $p=0.99$ ). A subgroup PSM analysis comparing 215 patients each from the anti-Xa guided vs enoxaparin-only control cohort also demonstrated a significantly lower incidence of VTE with the anti-Xa guided treatment (0.9% vs 5.6%;  $p=0.012$ ) with no difference in radiographic ICH progression (4.2% vs 3.3%;  $p=0.61$ ).

**Conclusions:** Weight-based, anti-Xa guided enoxaparin dosing was associated with reduced VTE incidence without increased ICH progression in TBI patients with existing ICH.



Characteristics <sup>a</sup>	Fixed-dose chemoprophylaxis n = 281	Anti-Xa guided chemoprophylaxis n = 281	P Value	Fixed-dose enoxaparin n = 215	Anti-Xa guided chemoprophylaxis n = 215	P Value
<b>Demographics</b>						
Male, n (%)	212 (75.4)	205 (73)	0.50	156 (72.6)	159 (74)	0.74
Race, n (%)						
White	218 (77.6)	208 (74)	0.17	161 (74.9)	154 (71.6)	0.06
Non-Hispanic White, n/N (%)	164/218 (75.2)	130/208 (62.5)		123/161 (76.4)	95/154 (61.7)	
Hispanic or Latino, n/N (%)	54/218 (24.8)	78/208 (37.5)		38/161 (23.6)	59/154 (38.3)	
African American	4 (1.4)	9 (3.2)		1 (0.5)	7 (3.3)	
Asian/Pacific Islander	34 (12.1)	46 (16.4)		31 (14.4)	40 (18.6)	
Other	25 (8.9)	18 (6.4)		22 (10.2)	14 (6.5)	
Age (years)	51 [31-67]	50 [32-64]	0.76	53 [32-71]	54 [37-69]	0.68
Body mass index (kg/m <sup>2</sup> )	25.2 [22.4-29.0]	25.8 [22.7-29.3]	0.36	25.1 [22.5-28.4]	25.1 [22.3-28.1]	0.71
Obese (≥ 30 kg/m <sup>2</sup> ), n (%)	56 (19.9)	59 (21)	0.75	36 (16.7)	32 (14.9)	0.60
Prior history of VTE, n (%)	2 (0.7)	2 (0.7)	> 0.99	2 (0.9)	2 (0.9)	> 0.99
Anticoagulant prior to arrival, n (%)	7 (2.5)	4 (1.4)	0.55	3 (1.4)	4 (1.9)	> 0.99
Antiplatelet prior to arrival, n (%)	29 (10.3)	20 (7.1)	0.18	20 (9.3)	14 (6.5)	0.28
Glasgow Coma Scale on arrival	14 [10-15]	14 [11-15]	0.83	14 [12-15]	14 [12-15]	0.42
Injury Severity Score	21 [13-29]	19 [14-29]	0.70	21 [13-29]	19 [14-27]	0.96
Head AIS, n (%)			0.34			0.38
4-5	114 (40.6)	103 (36.7)		93 (43.3)	84 (39.1)	
2-3	167 (59.4)	178 (63.3)		122 (56.7)	131 (60.9)	
Spinal cord injury, n (%)	7 (2.5)	9 (3.2)	0.61	2 (0.9)	1 (0.5)	> 0.99
Pelvic or femoral fracture, n (%)	54 (19.2)	65 (23.1)	0.26	49 (22.8)	42 (19.5)	0.41
Isolated TBI, n (%)	2 (0.7)	4 (1.4)	0.69	2 (0.9)	4 (1.9)	0.69
Craniotomy performed, n (%)	21 (7.5)	18 (6.4)	0.62	16 (7.4)	15 (7)	0.85
Cerebral monitor, n (%)	43 (15.3)	39 (13.9)	0.63	30 (14)	31 (14.4)	0.89
COVID (+)	10 (3.6)	11 (3.9)	0.82	6 (2.8)	5 (2.3)	0.76
Intubated, n (%)	89 (31.7)	85 (30.3)	0.72	56 (26.1)	60 (27.9)	0.66
Ventilation days	6 [2-10]	5 [2-14]	0.64	6 [2-12]	6 [3-14]	0.62
Delayed prophylaxis initiation (> 48 hours from arrival)	62 (22.1)	57 (20.3)	0.61	48 (22.3)	54 (25.1)	0.50

Table 1. Baseline Demographics, Injury Profile, and Outcomes for TBI Patients Included within Propensity Score Matching Analyses

Characteristics <sup>a</sup>	Fixed-Dose n = 281	Anti-Xa n = 281	P Value
<b>Heparin and Enoxaparin Treated Patients in Fixed-Dose</b>			
Any VTE, n (%) <sup>b</sup>	17 (6.1)	6 (2.1)	<b>0.019</b>
Pulmonary embolism, n (%)	7 (2.5)	2 (0.7)	0.18
Deep vein thrombosis, n (%)	12 (4.3)	4 (1.3)	0.07
Radiographic ICH progression, n (%)	11 (3.9)	11 (3.9)	> 0.99
Clinically significant ICH progression, n (%)	4 (1.4)	4 (1.4)	> 0.99
Hospital LOS (days)	8 [5-15]	8 [5-16]	0.48
<b>Enoxaparin-Only Treated Patients in Fixed-Dose</b>			
Any VTE, n (%) <sup>b</sup>	12 (5.6)	2 (0.9)	<b>0.012</b>
Pulmonary embolism, n (%)	4 (1.9)	1 (0.5)	0.37
Deep vein thrombosis, n (%)	9 (4.2)	1 (0.5)	<b>0.020</b>
Radiographic ICH progression, n (%)	7 (3.3)	9 (4.2)	0.61
Clinically significant ICH progression, n (%)	3 (1.4)	4 (1.9)	> 0.99
Hospital LOS (days)	7 [5-12]	8 [5-15]	0.27

Abbreviations: VTE, venous thromboembolism; ICH, intracranial hemorrhage; LOS, length of stay

<sup>a</sup> All values reported as median [IQR] unless otherwise stated

<sup>b</sup> Inclusive of patients with both DVT and PE

Table 2. Efficacy and Safety Outcomes after Propensity Score Matching

## Scientific Session VII

Paper #35  
January 17, 2025  
9:10 am

### OPTIMIZING TIME TO VTE PROPHYLAXIS DEVELOPMENT OF AN ENOXAPARIN DOSING CALCULATOR

Allison E Berndtson, MD, FACS\*, Kevin Box, PharmD, Laura N. Haines (Godat), MD, FACS \*,  
Jay Doucet, MD MSc\*, Alan Smith, PhD MPH, Todd Costantini, MD  
University of California San Diego

**Presenter:** Allison E Berndtson, MD, FACS

**Discussant:** Andrew Medvecz, MD, MPH – Vanderbilt University Medical Center

**Objectives:** Optimal pharmacologic prophylaxis is critical for preventing VTE in trauma patients, with delays in goal anti-Xa levels associated with increased VTE risk. While current protocols recommend a “one-size fits all” approach to enoxaparin, this may be inadequate as optimal dosing can be altered by weight, sex and creatinine clearance (CrCl). We hypothesized that a dosing calculator incorporating these factors could improve initial enoxaparin dosing and reduce time to goal anti-Xa level.

**Methods:** We performed a retrospective review of trauma patients admitted 2015-21, age >14 years, LOS>4 days, on enoxaparin per weight-based protocol. Exclusion criteria were incorrect dosing, CrCl <30mL/min, renal replacement therapy, or no valid peak anti-Xa level. A training dataset consisting of 80% of total patients (n=1536) was used to build a linear regression model for anti-Xa level. Weight, sex, and CrCl were included based on prior studies, and remained significantly associated with anti-Xa on univariate analysis. Results were incorporated into a dosing calculator which was applied to the remaining 20% of patients (n=354).

**Results:** Of the 354 test patients, 31.4% (n=111) had an initial anti-Xa outside goal range. For the 68 patients with a low anti-Xa, the calculator predicted a higher starting dose in 91.2%. For the 43 patients with an initial high anti-Xa, a lower starting dose was predicted in 76.7%. 52 patients had dose adjustment to achieve an in-range anti-Xa. The initial enoxaparin dose predicted by the calculator would have been correct in 80.7% of cases.

**Conclusions:** An enoxaparin dosing calculator combining weight, sex, and CrCl may improve accuracy of initial dosing and reduce delays to appropriate VTE prophylaxis. This calculator can be incorporated into a web-based app or integrated into the electronic health record for ease of use. Prospective implementation in a trial setting is required for model validation.